

The obsessor and the obsessed

Topic 3

BRAZILIAN SPIRITIST FEDERATION
Mediumship: Study and Practice
Program 1
Module III - Mediumship - Obsession - Disobsession



1. Obsessor

2. Obsessed

1. Obsessor

It seeks to mentally influence the obsessed.

It is usually considered to be cruel.

It is accused of being a persecutor, sometimes unfairly.

It could be someone who were our acquaintance.

It is a soul in need of guidance.

“The obsessor is the brother or sister whom the sufferings and disillusiones provoked unbalances, certainly with our participation.”

SCHUBERT, Suely Caldas. *Obsessão/Desobsessão*. Chap. Obsessors.

2. Obsessed

It receives passively negative mental suggestions and welcome them.

It may have been responsible for the obsessor's fall.

It needs to seek forgiveness and inner-transformation.

“The obsessed is the tormentor of yesterday and now presents itself as a victim. Or he is the partner of crime, that the accomplice of the shadows do not want to lose, so, it tries everything to jeopardize his path.”

2. Obsessed

It is necessary caution to interfere with the bond established between incarnates and discarnates.

It is important not to violate their free will.

- ✓ The lower human passions are the triggers of morbid mental processes.
- ✓ Obsessor and obsessed are actually sick souls in search of spiritual improvement.
- ✓ They have emotional and psychological weaknesses that hinder them to recognize the illusion they are.
- ✓ With time, work, study and effort they will learn to break free from this spiritual prison in which they find themselves.