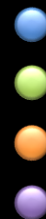
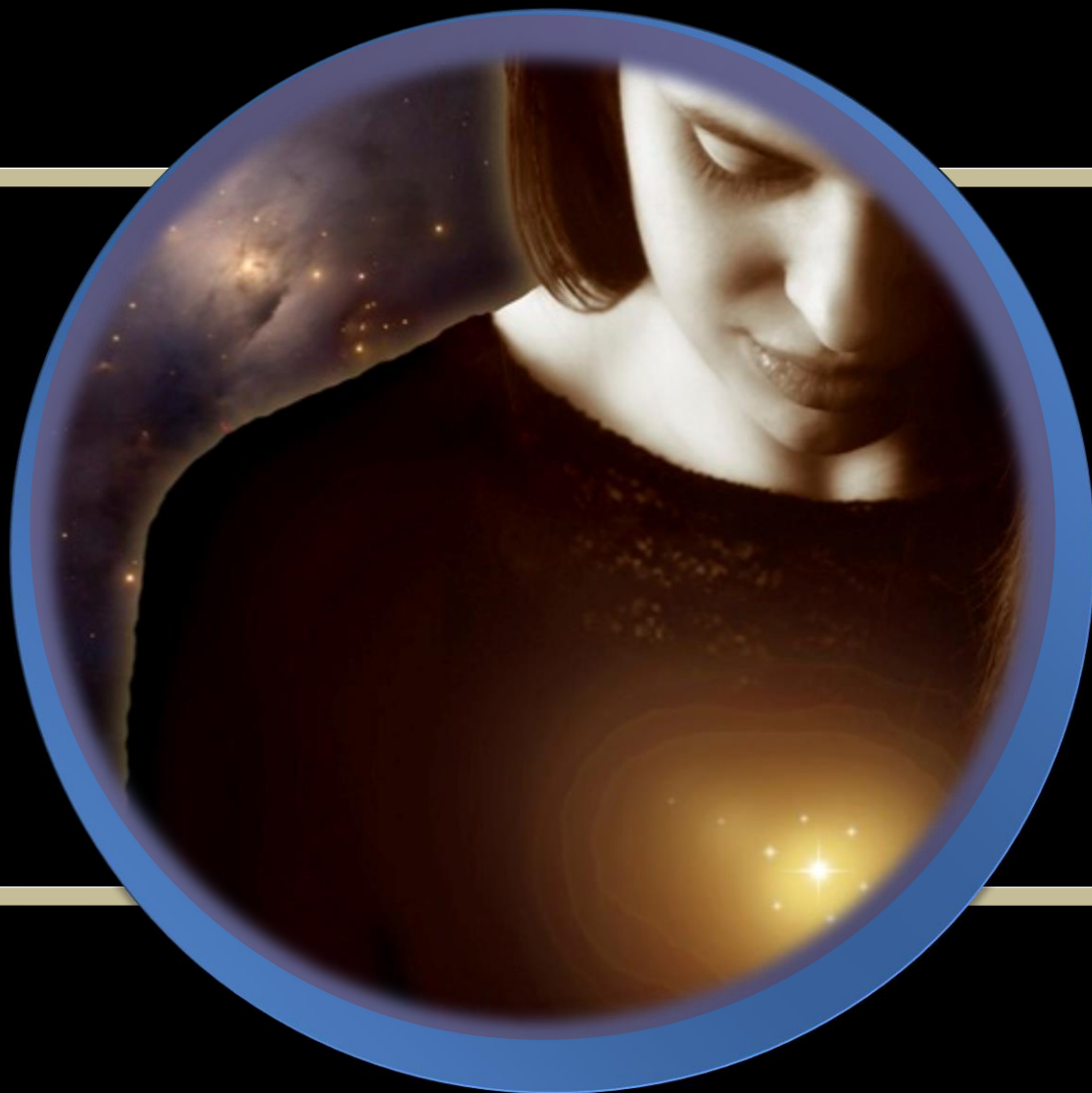


You are a child of God

I
am
a child
of
God





**You are
light**



**You are an
immortal
spirit**




Connect
with the
Divine
Providence



Raise your
thoughts to
the on high



Quiet your mind
and hear the
voice of God
speaking to you



**If God brings
you to it; He
will bring you
through it.**

PROJECT
INSPIRE

**When
struggling
have faith**



**When
struggling
pray**



**When life gives us a
hundred reasons to
cry, may we show
life that we have
thousands of
reasons to smile.**

Anonymous



COUNT
YOUR
BLESSINGS.

**Count your
blessings**



**Love
yourself**




**Love all like
brothers and
sisters as
they truly are**



**Love the
planet that
has received
you**



**Encourage
Positivity;
Resist
Negativity**

A circular illustration with a blue border. Inside, a man with dark hair and a green shirt is hugging a woman with long brown hair from behind. The background of the circle is a gradient of pink and white.

For if you forgive
other people
they sin against you,
your heavenly Father
will also forgive you.

But if you do not forgive
others their sins,
your Father will not
forgive your sins.

NIV®

Matthew 6:14-15

Learn to forgive



Free your
heart
From hatred



Forgive
yourself and
commit to not
err again



Let go of
grudges



**To forgive is to set a
prisoner free and
discover the
prisoner was you.**

Unknown



Let go of
negative
emotions

**If
you
want
to be
happy,
be.**

Leo Tolstoy

Be happy
you are
alive



Be happy
you are
healthy



Look around
you and learn
to help
others



Be
compassionate

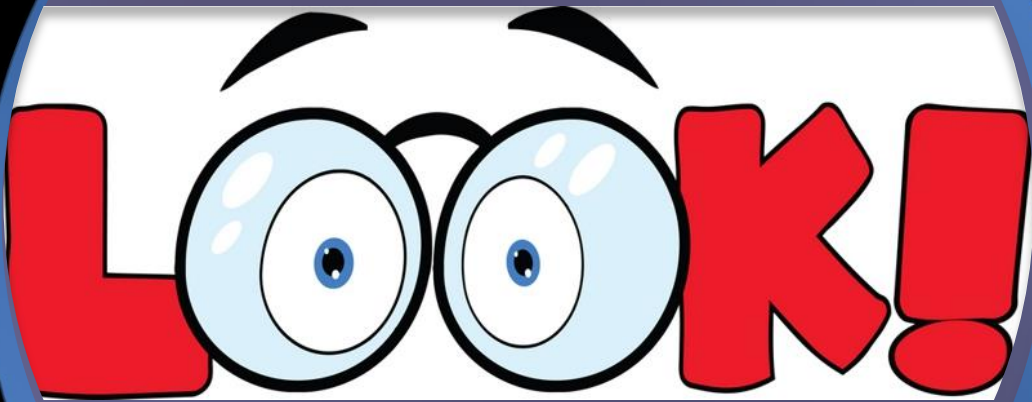
Do not judge,
or you too will be
judged.

For in the same way
you judge others,
you will be judged,
and with the
measure you use,
it will be
measured to you.

NIV®



Do not
judge
others



Before
judging
others look
inside you



Keep away
from
malice



Always have a
good word to
say about
others



God will provide
according to our
needs and not our
desires.



Physical
illnesses can
teach you
patience



It is only when
it is dark that
we can see the
stars.

Martin Luther King Jr.

Ask yourself
what can you
do today to
become a
better person

**Your beliefs don't
make you
a better person,
your
BEHAVIOR
does.**



See how much
you have
progressed and
continue in this
path

Do not let greed and
ambition rule your life

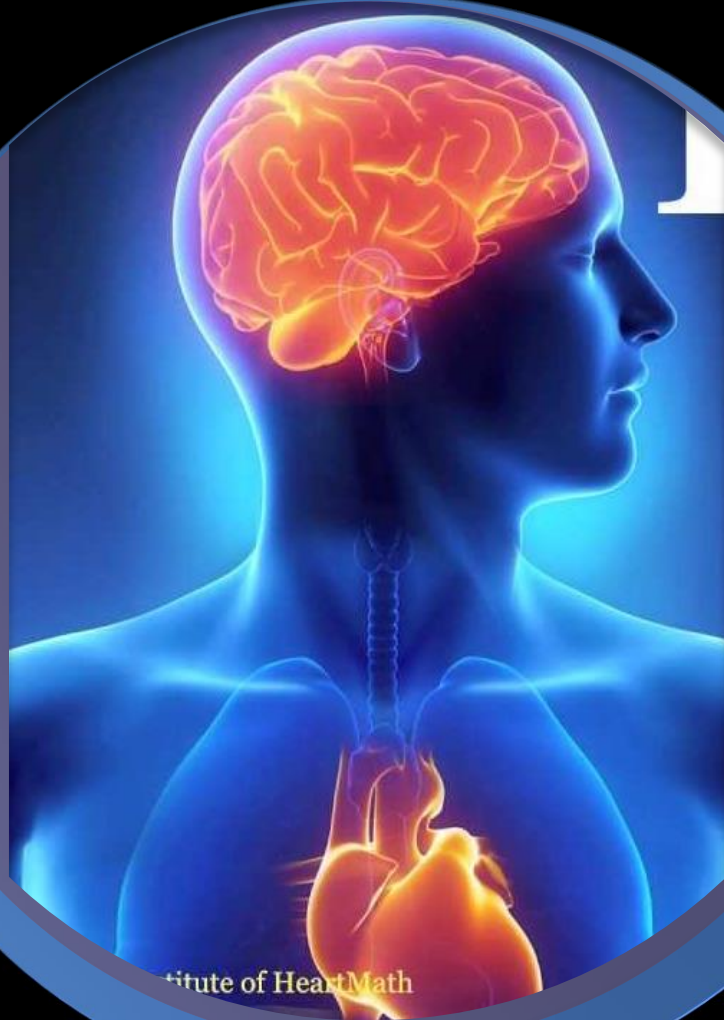


Look at the lilies of
the valley, not
even Salomon in
all his glory ever
dressed like one of
them



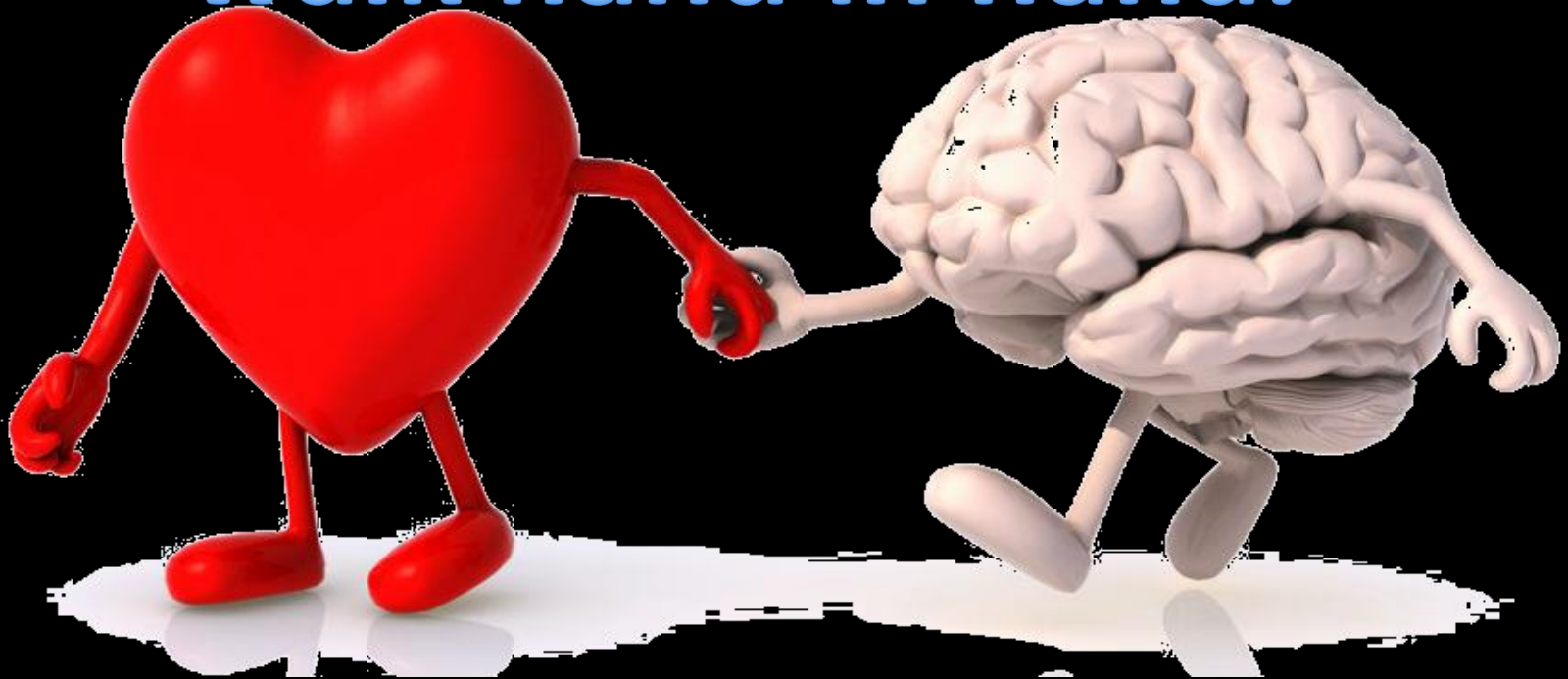


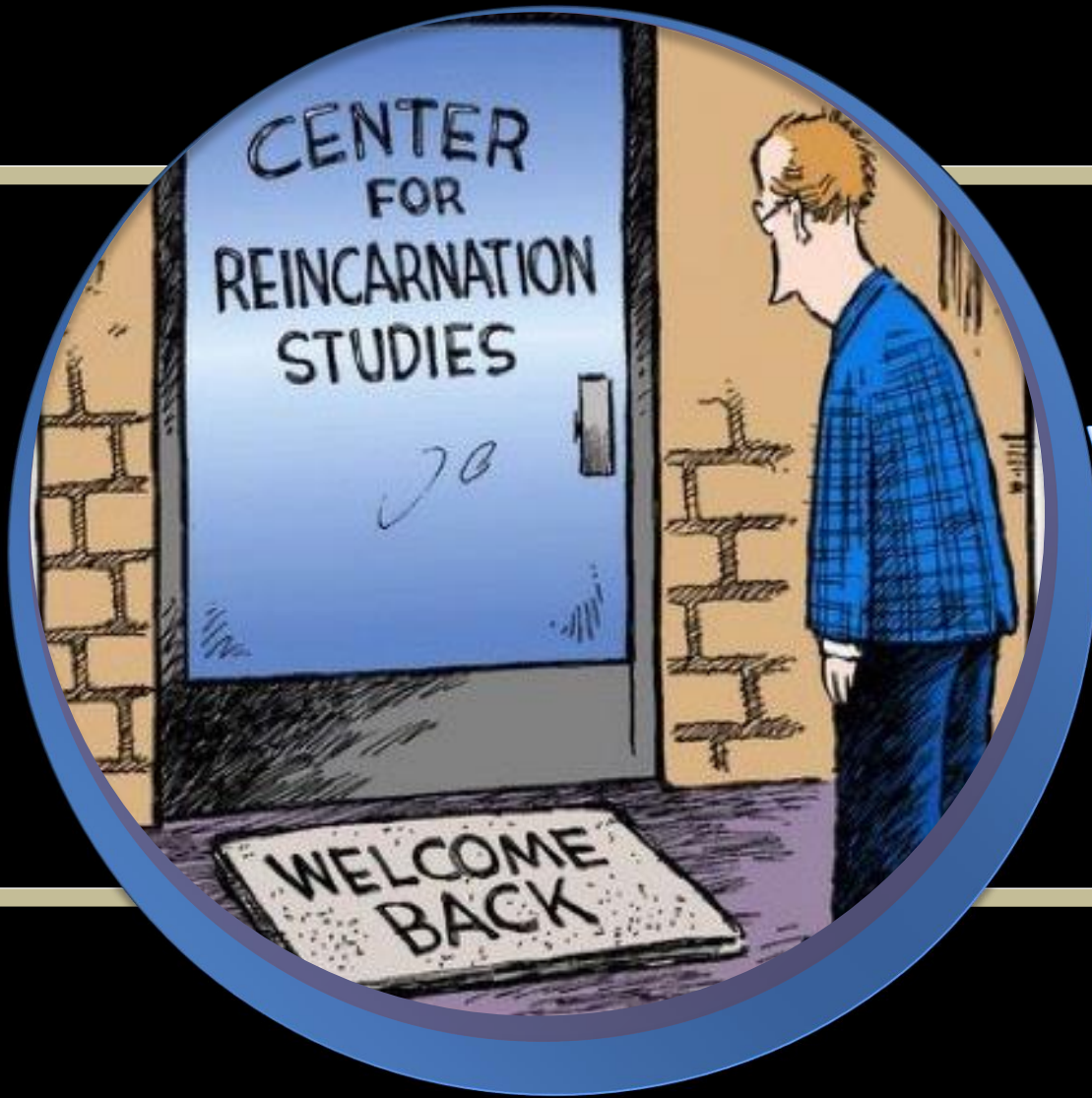
Free your
heart from
sadness



Let your brain
always listen
to your heart

Let your brain and heart
walk hand in hand.





Reincarnation
will bring new
experiences
and growth

ay it forward



Each day is a
gift from God
to you, so pay
it forward.



You have
the key to
inner peace.



**You are
light**



**Someday perhaps
the inner light will
shine forth from us,
and then we'll need
no other light.**

Johann Wolfgang von Goethe



The mind is
enriched by
what it
receives
and the heart
by what it
gives



**True Spiritists are
recognized by their
moral
transformation and
the efforts they
make to overcome
their bad
inclinations.**

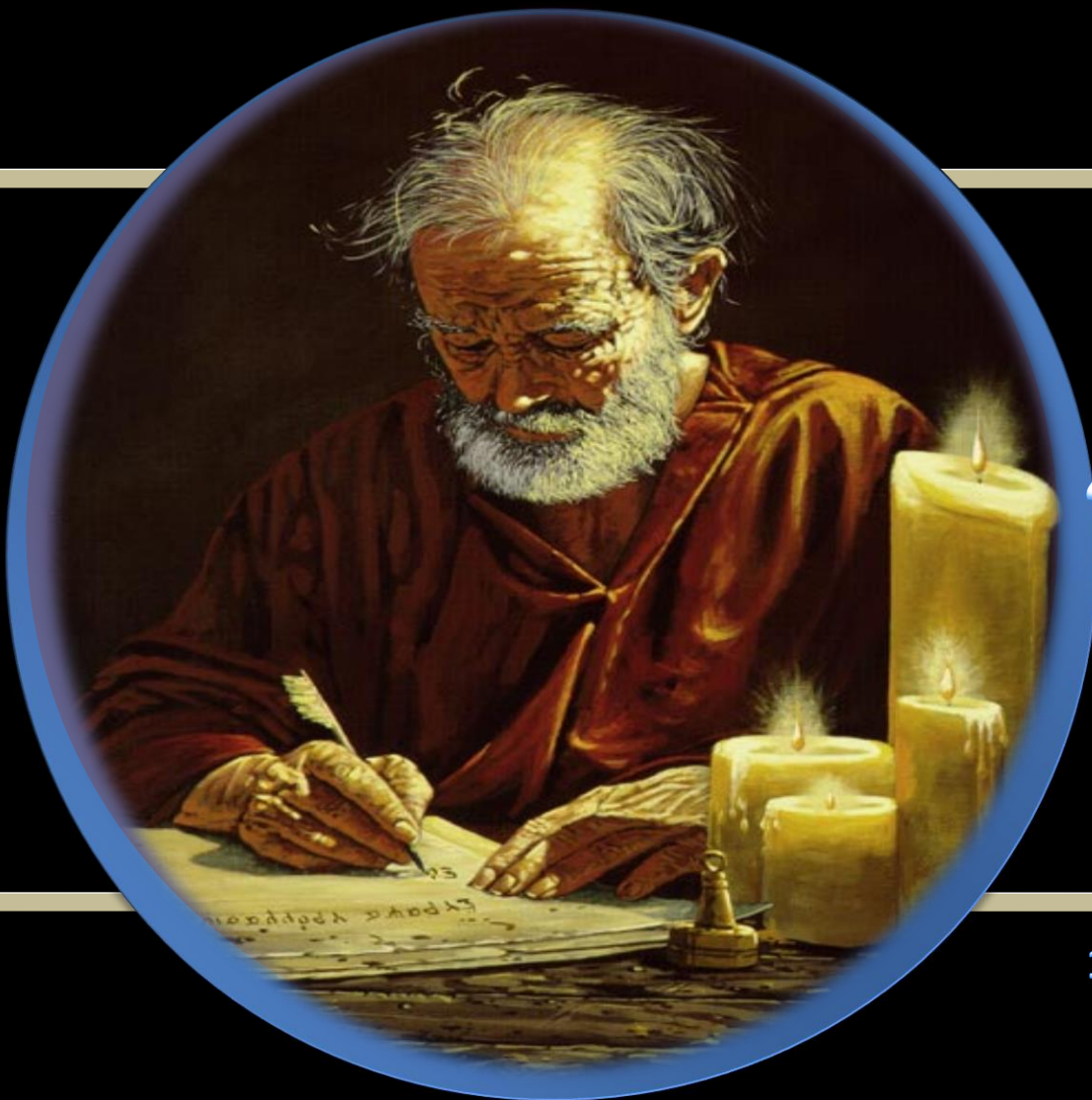
Allan Kardec

GAS - Good Spiritists— Chap 17 Item 4



**“To others I give
the right to be
who they are; to
me I give the duty
to be better
everyday.”**

Chico Xavier



**“I have the right to
do anything, but
not everything is
beneficial.”**

1 Cor. 6-12 Paulo de Tarso



The truth
is only one
"As you sow,
so you
shall Reap."

"Use your free will
wisely, because you
reap what you sow."

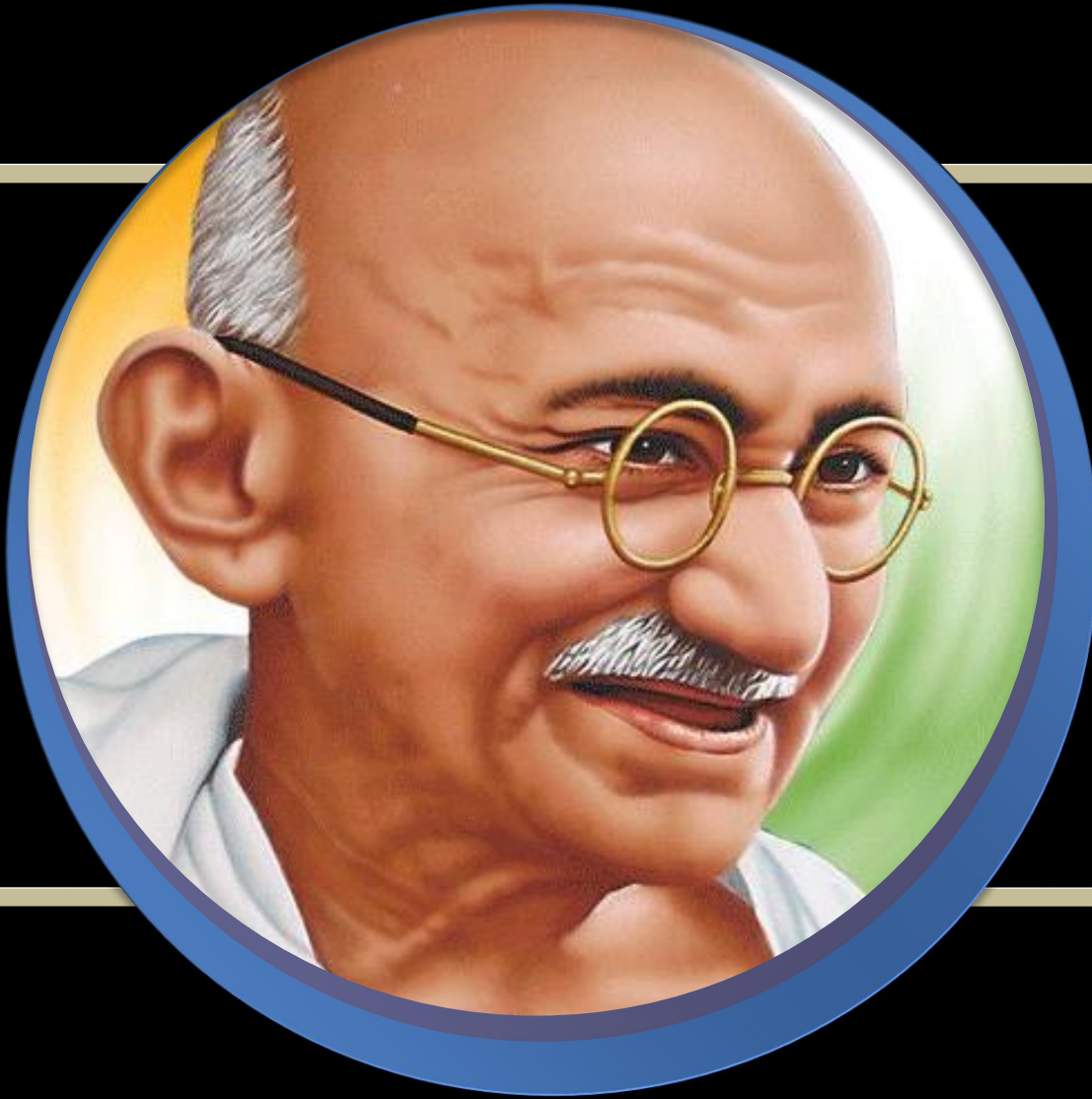


**REAP
WHAT YOU
SOW**



In the end, we will not
remember the words
of our enemies, but
the silence of our
friends.

Martin Luther King Jr. (1929 - 1968)



**We must become
the change we
wish to see in the
world.**

Mahatma Gandhi (1869 – 1948)



Lao Tzu
Chinese Philosopher

**The one who knows
others is wise; The
one who knows
oneself is
enlightened.**



**“The ultimate measure of
a man is not where he
stands in moments of
comfort, but where he
stands at times of
challenge and
controversy.”**

Martin Luther King, Jr.

ar Clea



**“You have to accept
whatever comes and
the only important
thing is that you meet
it with courage and
with the best that you
have to give.”**

Eleanor Roosevelt



**Unshakable faith is
only that which can
meet reason face
to face in every
Human epoch.**

Allan Kardec



**An eye for and
eye will make
the whole
humanity
blind.**

Mahatma Gandhi (1869 – 1948)



**“As much as
depends on
you, live
peaceably with
all men.”**

Paul of Tarsus



**“There was never
a good war or a
bad peace.”**

Benjamin Franklin

"Forgiveness is the fragrance the violet sheds on the heel that has crushed it."





**Am I not
destroying my
enemies when I
make friends of
them?**

Abraham Lincoln (1809 – 1865)

Serenity Prayer



**"Father, give us courage
to change what must be
altered, serenity to
accept what cannot be
helped, and the insight
to know the one from
the other."**

**Karl Paul Reinhold Niebuhr
American Theologian
June 21, 1892 - June 1, 1971)**

In 2009, Duke University librarian Stephen Goranson unearthed the copy of the prayer from 1937 (above). In response to this finding, Shapiro conceded that "The new evidence does not prove that Reinhold Niebuhr wrote [the [prayer], but it does significantly improve the likelihood that he was the originator."

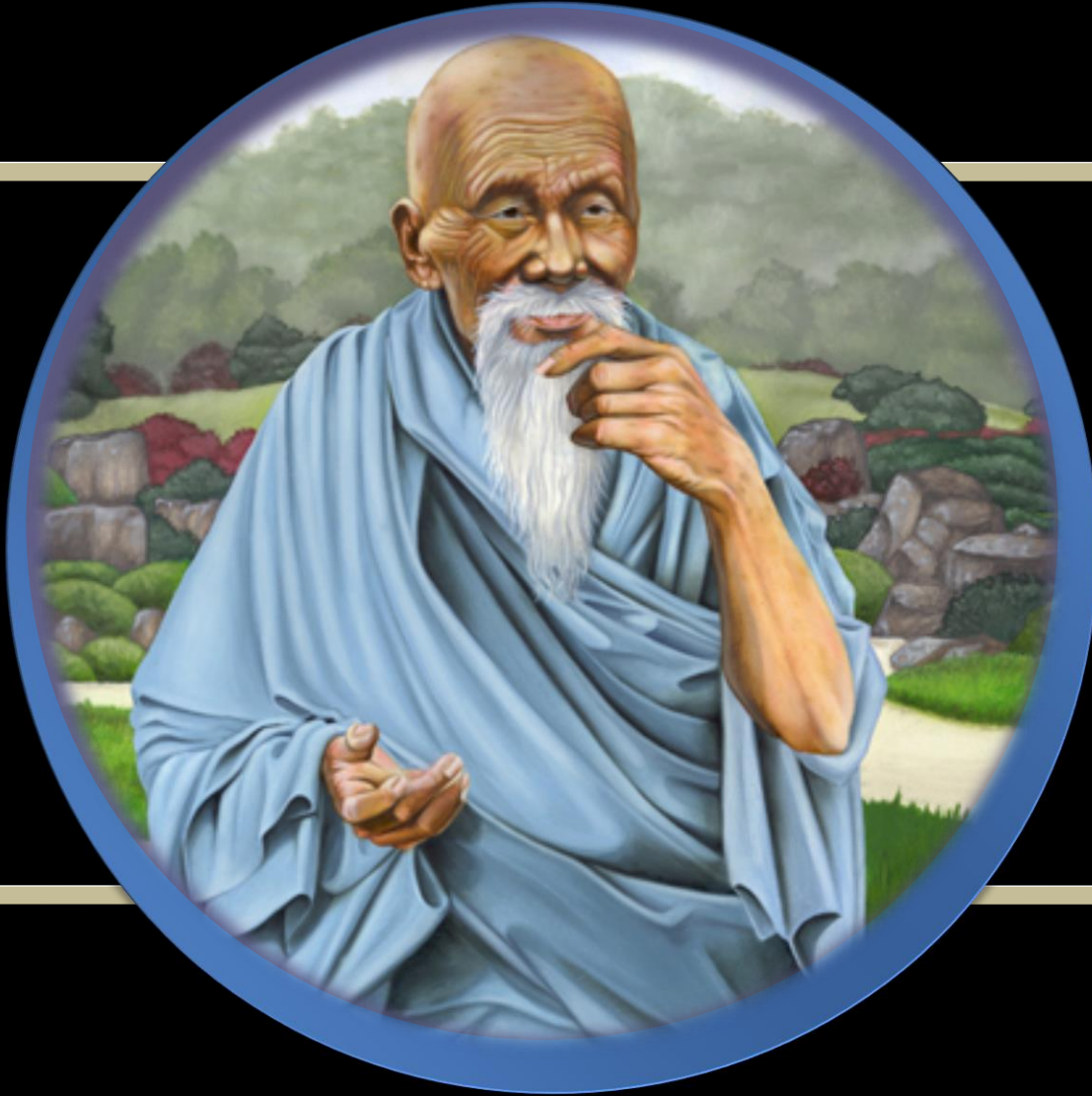


**What lies behind
you and what lies
before you are tiny
matters
compared to what
lies within you.**

Ralph Waldo Emerson

WE ARE THE ARTISANS OF OUR LIVES






**"A journey of a
thousand miles
begins with a
single step."**

(Lao Tzu)



Balance is the Key to Life

A vibrant photograph of a wicker basket filled with fresh lemons and several glasses of lemonade. The glasses are filled with a pale yellow liquid, garnished with lemon slices and fresh mint leaves. The basket is set against a blurred background of green foliage and colorful flowers, suggesting a sunny outdoor setting. Overlaid on the center of the image is a semi-transparent rectangular box with a decorative border. Inside this box, the text "When Life Gives You Lemons, Make Lemonade" is written in a mix of white and green fonts.

When Life Gives
You Lemons,
Make Lemonade



**LOVE
YOURSELF**

**“POSITIVE AND STIMULATING
THOUGHTS WILL UPLIFT YOU AND
WILL BE EXPRESSED IN LIFE
SITUATIONS.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 71



**“NEGATIVE AND DEPRESSING
THOUGHT WILL OPPRESS AND
DISTRESS YOU, THEY WILL MAKE
YOU BITTER, AND WILL AFFECT
YOUR BEHAVIOR.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 71



**“CHERISH THOUGHTS OF LOVE, AND YOU WILL BE
SURROUNDED BY WAVES OF TENDERNESS AND AFFECTION.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 72





**“THINK ABOUT PROSPERITY, BOTH MATERIAL AND SPIRITUAL,
AND YOU SHALL HAVE GOD’S BLESSING.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 72

Photo by Reno Clement

**“ASSUME CONTROL OF
YOUR ASPIRATIONS AND
RESTORE YOUR SPIRITUAL
STRENGTH.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 74





**“MEET EVERY NEW DAY WITH A CHEERFUL
DISPOSITION, KNOWING THAT YOU CAN BE A
USEFUL TOOL TO CARRY OUT THE WORK OF GOD.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 75



**“LET YOURSELF BE GUIDED BY GOD; SEEK
ATTUNEMENT WITH GOD’S MERCY AND WISDOM.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 79

**“ALWAYS MEET YOUR PROBLEMS
WITH ENTHUSIASM. WHATEVER
HAPPENS TO YOU, GOOD OR BAD,
MOVE ON WITH ENTHUSIASM,
LEAVING MISFORTUNE BEHIND.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 82





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“WHEN ANYTHING UNPLEASANT HAPPENS TO YOU, DO NOT AVOID THE OPPORTUNITY TO CONTINUE WORKING WITH ENTHUSIASM. FORGET YESTERDAY, AND WAIT FOR A HAPPY TOMORROW.”

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 82

**FORGET YESTERDAY,
AND WAIT FOR A
HAPPY TOMORROW.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 82





**“SEEK, SO YOU WILL ACHIEVE SELF-FULFILLMENT.
REMEMBER: GOD CAN ANYTHING!”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 87



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**“GOD WANTS THE BEST FOR YOU, AND BECAUSE YOU STILL DO NOT
KNOW HOW TO CHOOSE FOR YOURSELF, GOD PROVIDES YOU WITH THE
REAL WEALTH, ONE THAT WILL NEVER BE LOST”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 94

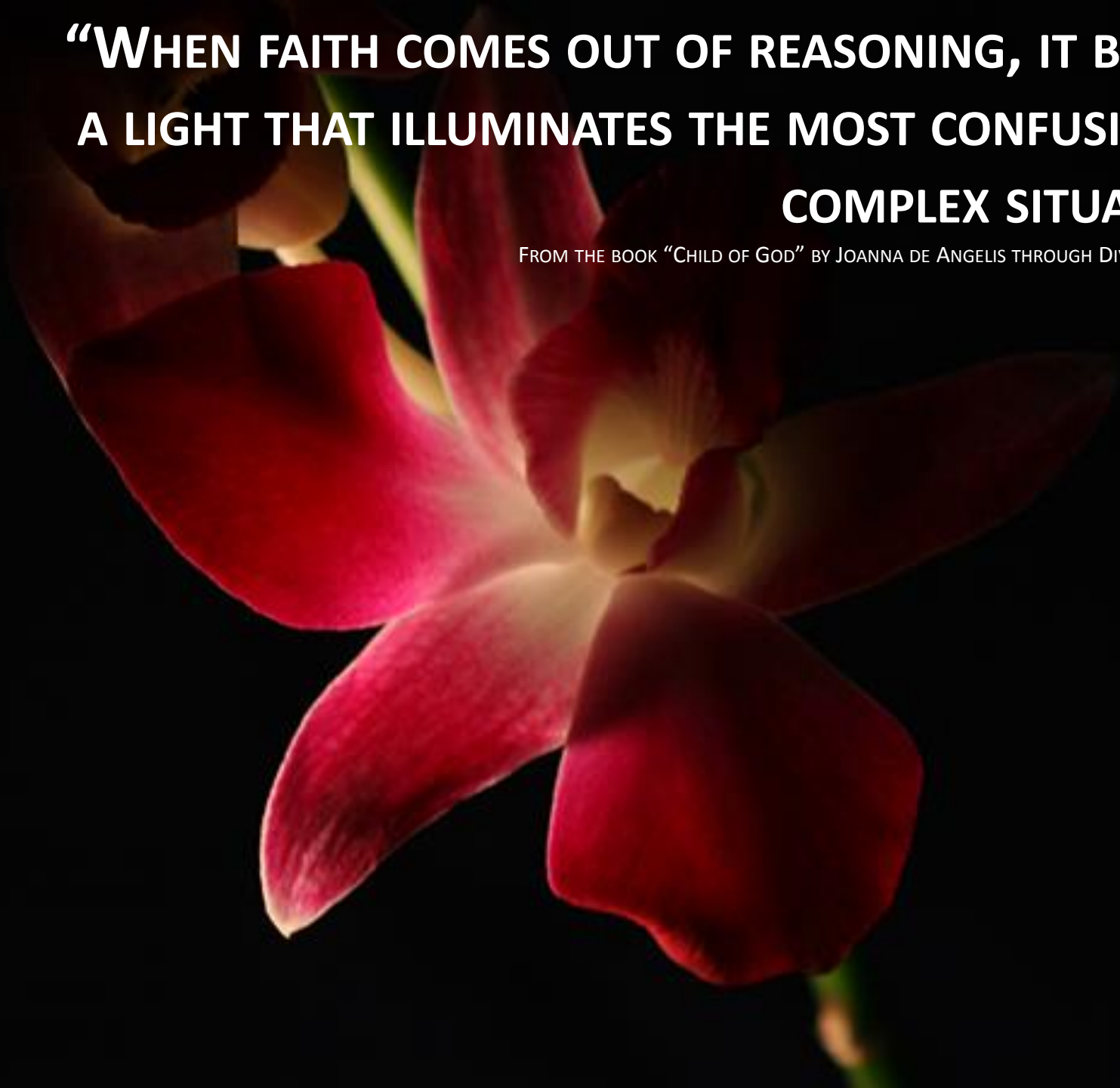
**“FAITH PROMOTES
INNER PEACE, AND
STRENGTHENS THE
SOUL TO FACE
ADVERSITIES..”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 96



**“WHEN FAITH COMES OUT OF REASONING, IT BECOMES
A LIGHT THAT ILLUMINATES THE MOST CONFUSING AND
COMPLEX SITUATIONS.”**

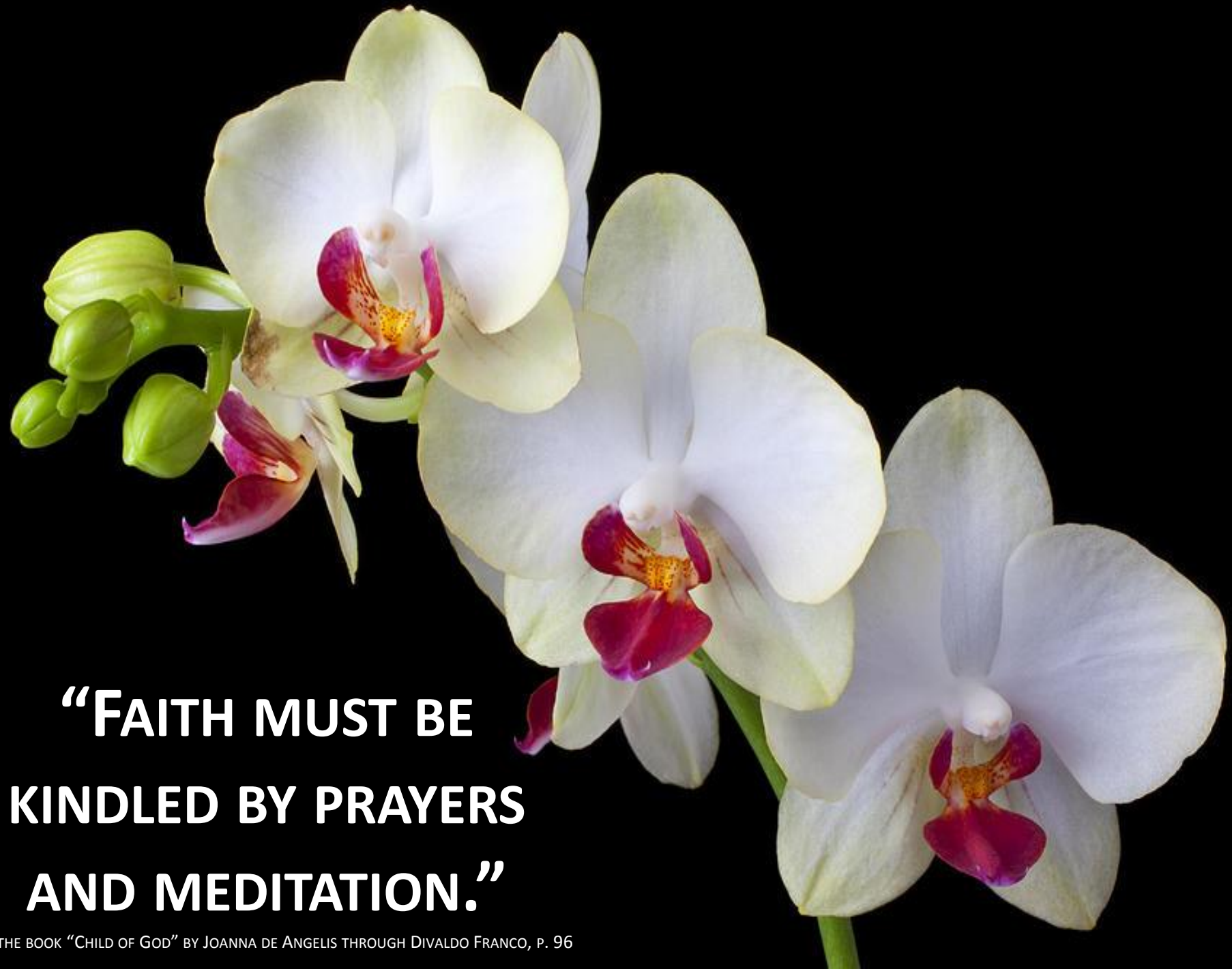
FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 97



**“REST YOUR FAITH IN GOD, AND CARRY ON THE GOOD WORK, FOR YOU
HAVE BEEN CREATED FOR A HAPPY AND HEALTHY LIFE.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 97





**“FAITH MUST BE
KINDLED BY PRAYERS
AND MEDITATION.”**



**“WHEN TROUBLE AND FEAR THREATEN TO DISTURB
YOU, REMEMBER GOD’S PRESENCE BY YOUR SIDE.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 99



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**“WISDOM AND LOVE, CONFIDENCE AND PEACE, THOUGH INVISIBLE,
ARE MORE POWERFUL THAN AFFLICTING AND DISQUIETING STATES
OF MIND.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 99



**“SHARE YOUR JOY WITH THOSE WHO HAVE
GIVEN THEMSELVES UP TO PESSIMISM SO
THAT THEY MAY RENEW THEIR OWN
ENERGIES.”**



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**“PRAYER IS THE UTMOST STIMULUS THAT HELPS
THE SOUL TO SEEK FULFILLMENT.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 103



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“PRAYER IS A LIGHT THAT ILLUMINATES; IT IS STRENGTH WHEN YOU FEEL WEAK; IT IS A COMPANION IN LONELINESS .”

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 103

**“IN PRAYER YOU REDISCOVER THE PURPOSE OF EARTHLY LIFE
AND OVERCOME ALL THE DIFFICULTIES THAT THREATEN TO
HINDER YOUR EVOLUTION.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 103





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**“PRAY REGULARLY, SO THAT THE LIGHT OF
UNDERSTANDING WILL FORTIFY YOU.”**

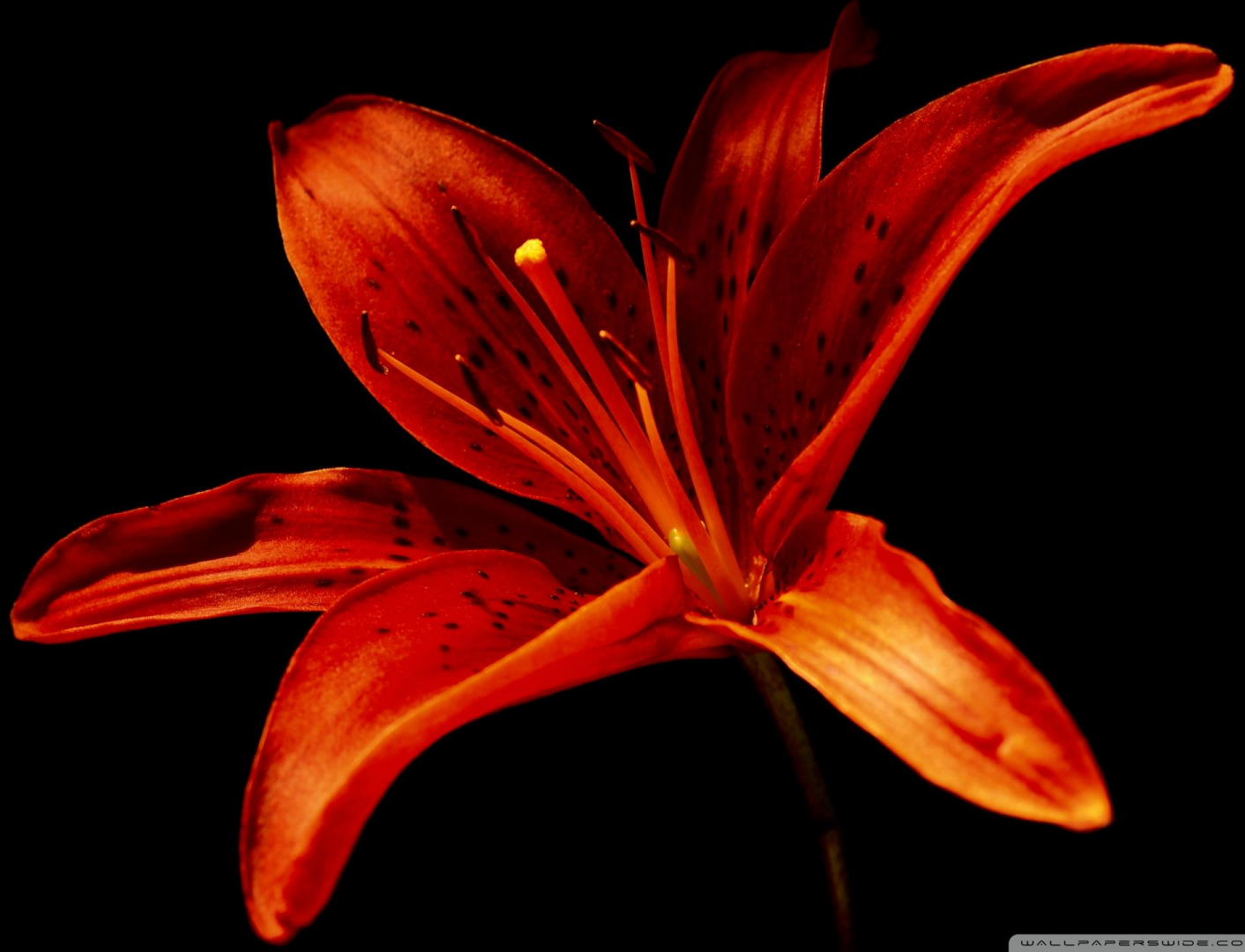
FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 104



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“IRRITATION IS A SIGN OF EMOTIONAL INSTABILITY; PATIENCE SHOWS INNER PEACE WHICH COMES FROM CONFIDENCE IN GOD’S WILL.”

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 110



**“VALUE YOUR TIME USING IT JUDICIOUSLY, AND WORK
SYSTEMATICALLY TO REACH SELF-FULFILLMENT.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 110

“WITH PATIENCE YOU WILL LEARN TO DOMINATE YOURSELF, AND FIND PEACE.”

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 111



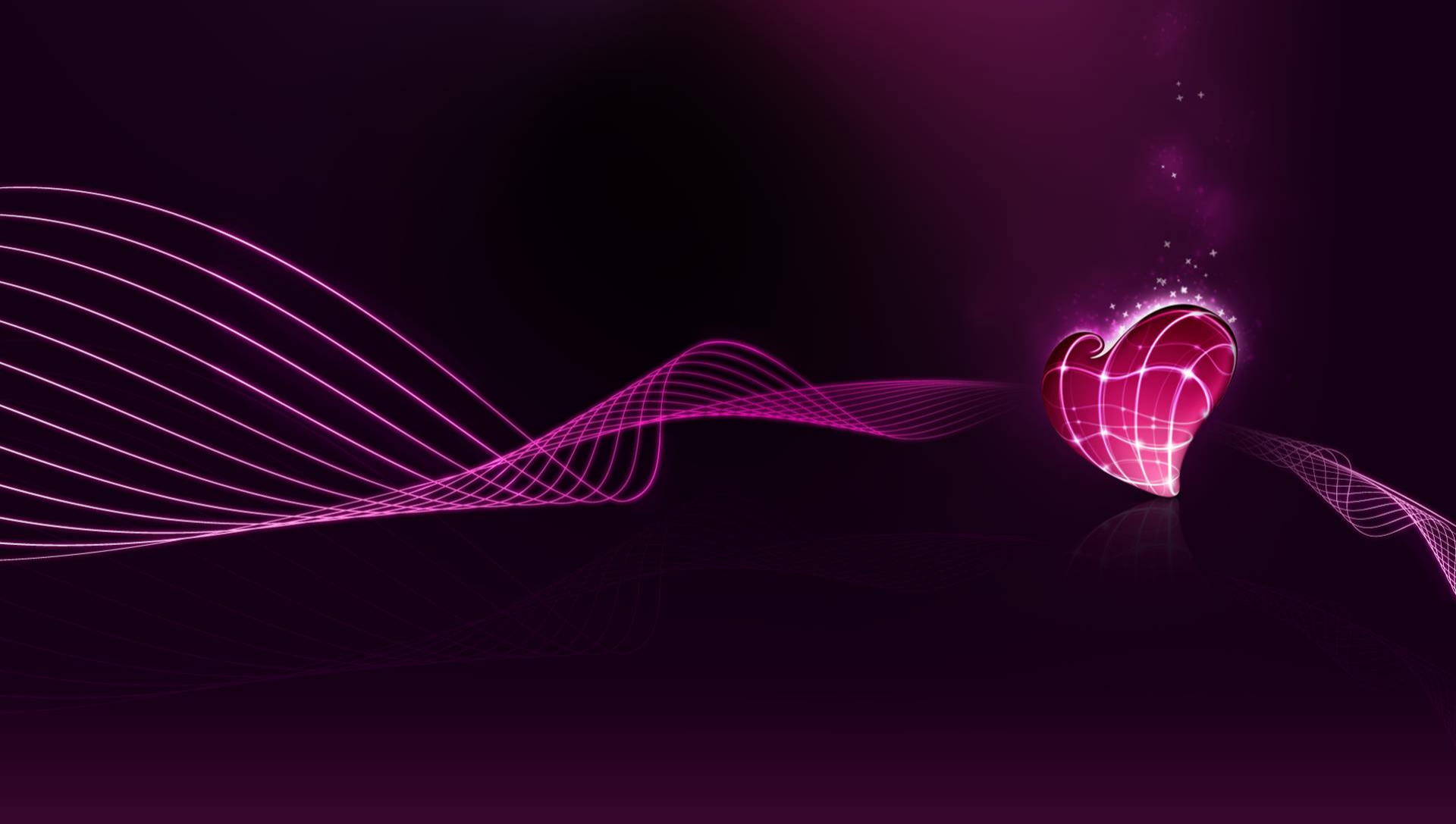
**“TRY TO ACT ACCORDING TO THE LAWS OF CAUSE AND EFFECT,
BECAUSE ONCE AN ACTION HAS BEEN PERFORMED, IT WILL
INEVITABLY RETURN TO THE PERFORMER.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 110



**“NEVER FEEL ABANDONED, LONELY, OR UNHAPPY;
GOD ALWAYS REMAINS WITH YOU.”**

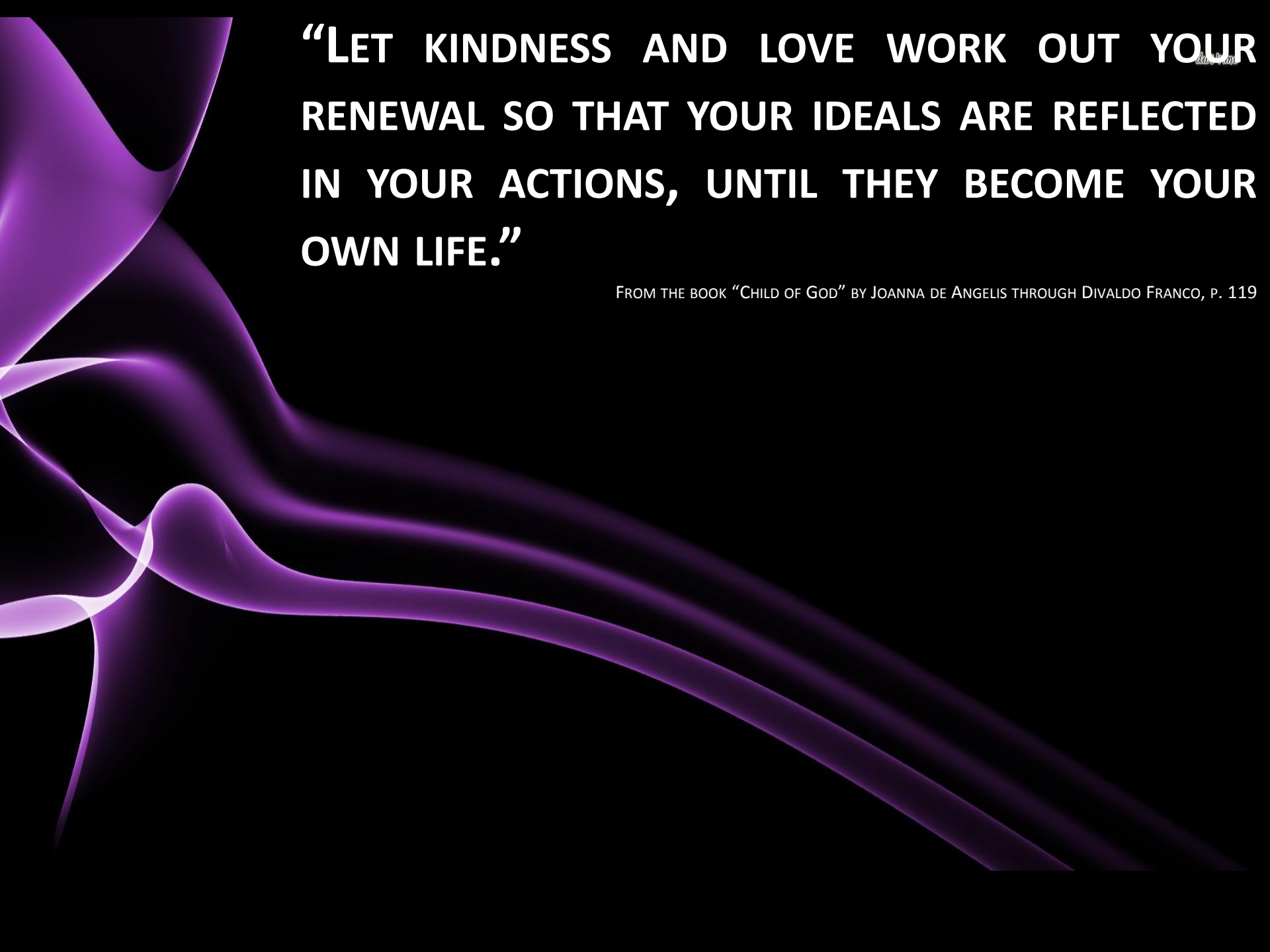
FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 114



**“YOUR LIFE EXAMPLES WILL MOTIVATE OR DISCOURAGE
OTHER PEOPLE.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 115



The background of the slide features abstract, flowing, and overlapping lines in shades of purple and white against a solid black background. These lines create a sense of movement and depth, starting from the left side and extending towards the right.

**“LET KINDNESS AND LOVE WORK OUT YOUR
RENEWAL SO THAT YOUR IDEALS ARE REFLECTED
IN YOUR ACTIONS, UNTIL THEY BECOME YOUR
OWN LIFE.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 119

**“MAY YOUR IDEAL BE THE WISH TO WORK FOR THE
BENEFIT OF YOUR FELLOW BEINGS.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 119



**“A SENSIBLE PERSON NEVER COMPLAINS, HE OR SHE
UNDERSTANDS THE GREATNESS OF LIFE AND ITS
HARMONY.”**

don't.me

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 121



**“THANK GOD FOR YOUR LIFE, YOUR BODY, AND YOUR
IMMORTAL SPIRIT WHICH IRRESISTIBLY MARCHES
TOWARDS GOD.”**

don't me

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 122



**“LIFE ITSELF IS A CELESTIAL HYMN, A PERENNIAL
INVITATION TO GRATITUDE.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 124

dust me



**“WE HAVE MORE REASONS TO BE THANKFUL THAN
NOT.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 124



**“MAY YOUR GRATITUDE BE THE LOVE THAT EXPANDS
AND REACHES ALL WHO APPROACH YOU, HELPING
THEM TO EXPERIENCE THE JOY OF LIVING.”**

FROM THE BOOK “CHILD OF GOD” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 125





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ALWAYS TALK TO GOD

PRAYER TO AVOID DISTURBING OTHERS

ANDRE LUIZ

FROM THE BOOK MISSIVES OF HOPE

BY FRANCISCO XAVIER/J. HERCULANO PIRES



Give me in your mercy
the gift of being
content with what I
have so I may
accomplish the best
that I can.



PRAYER TO AVOID DISTURBING OTHERS — ANDRE LUIZ

Teach me how to do
one task at a time
within the scope of my
obligations so I may
not waste the value of
time.

Free me from haste and insecurity so I shall not procure unnecessary afflictions regarding the future, neither shall I give myself to idleness in the present.





Give me the strength to wait patiently
for a solution to the problems that
concern me without troubling the
path of those around me.

Help me forget about
myself and assist me in
performing at least one
good deed each day for
the benefit of others
without my letting
anyone know about it.



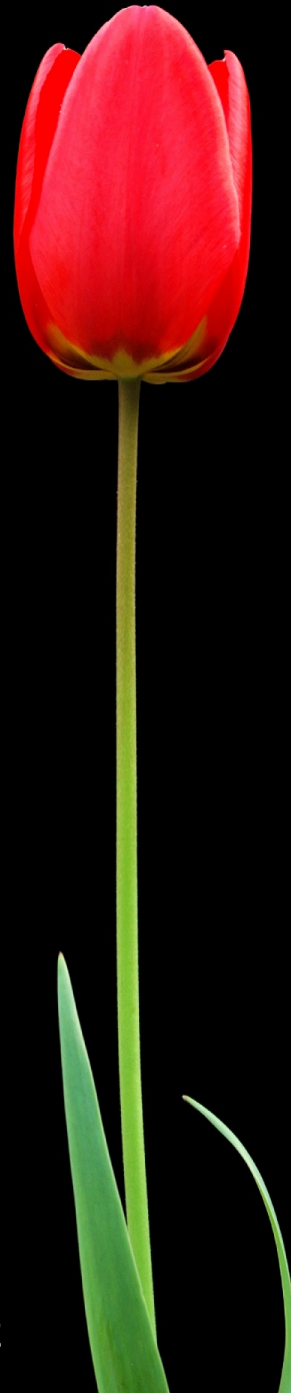
PRAYER TO AVOID DISTURBING OTHERS — ANDRE LUIZ

If a companion annoys
me, guide me to
overlook what has
happened without
letting those around me
becoming aware of the
issue in question.



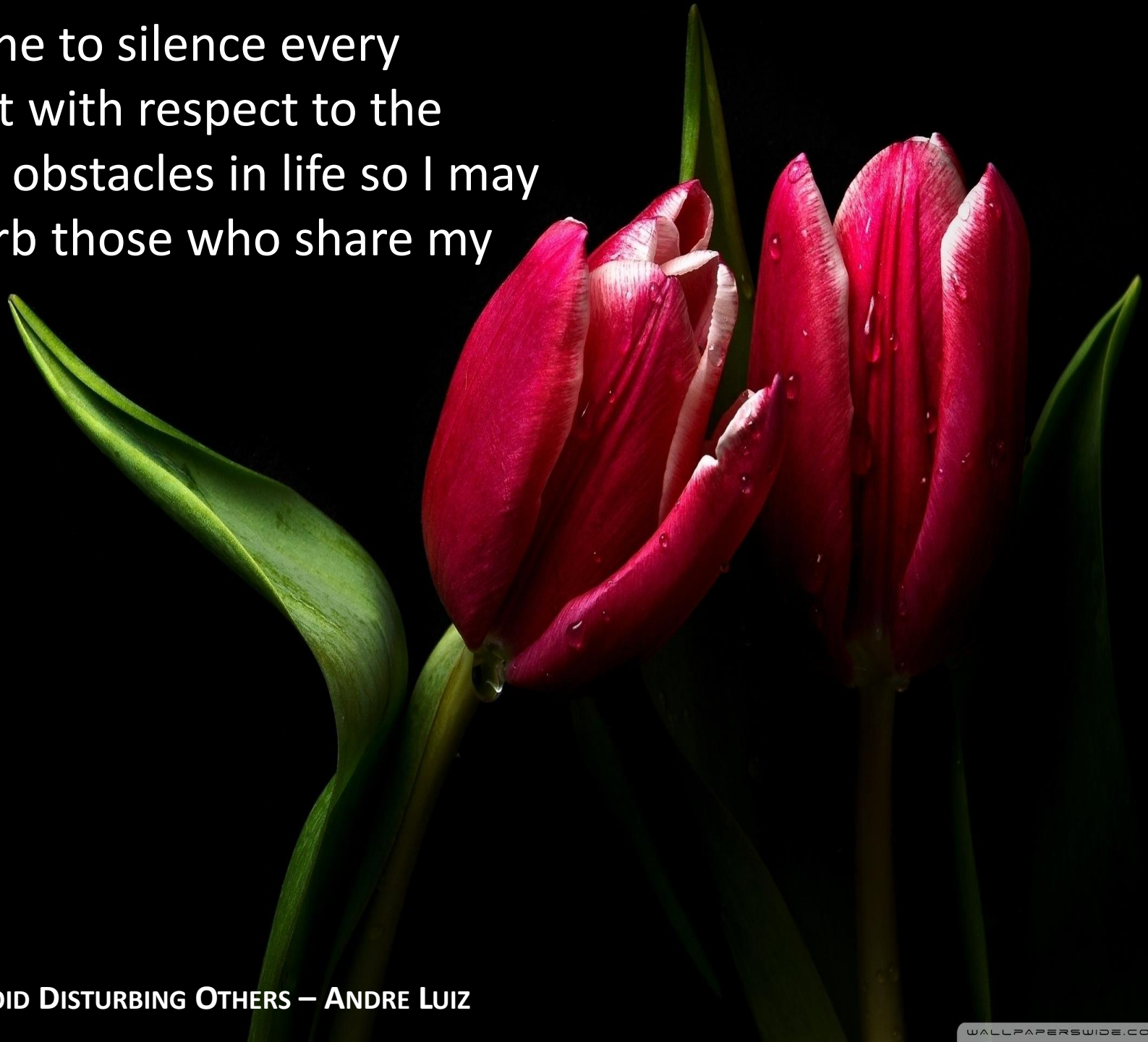
PRAYER TO AVOID DISTURBING OTHERS — ANDRE LUIZ

Teach me not to
condemn no matter
who it is, and succor me
when slanderous or
malevolent thoughts
come to my mind so I
may have the means to
dissipate them in silence
through efforts without
outward expression.



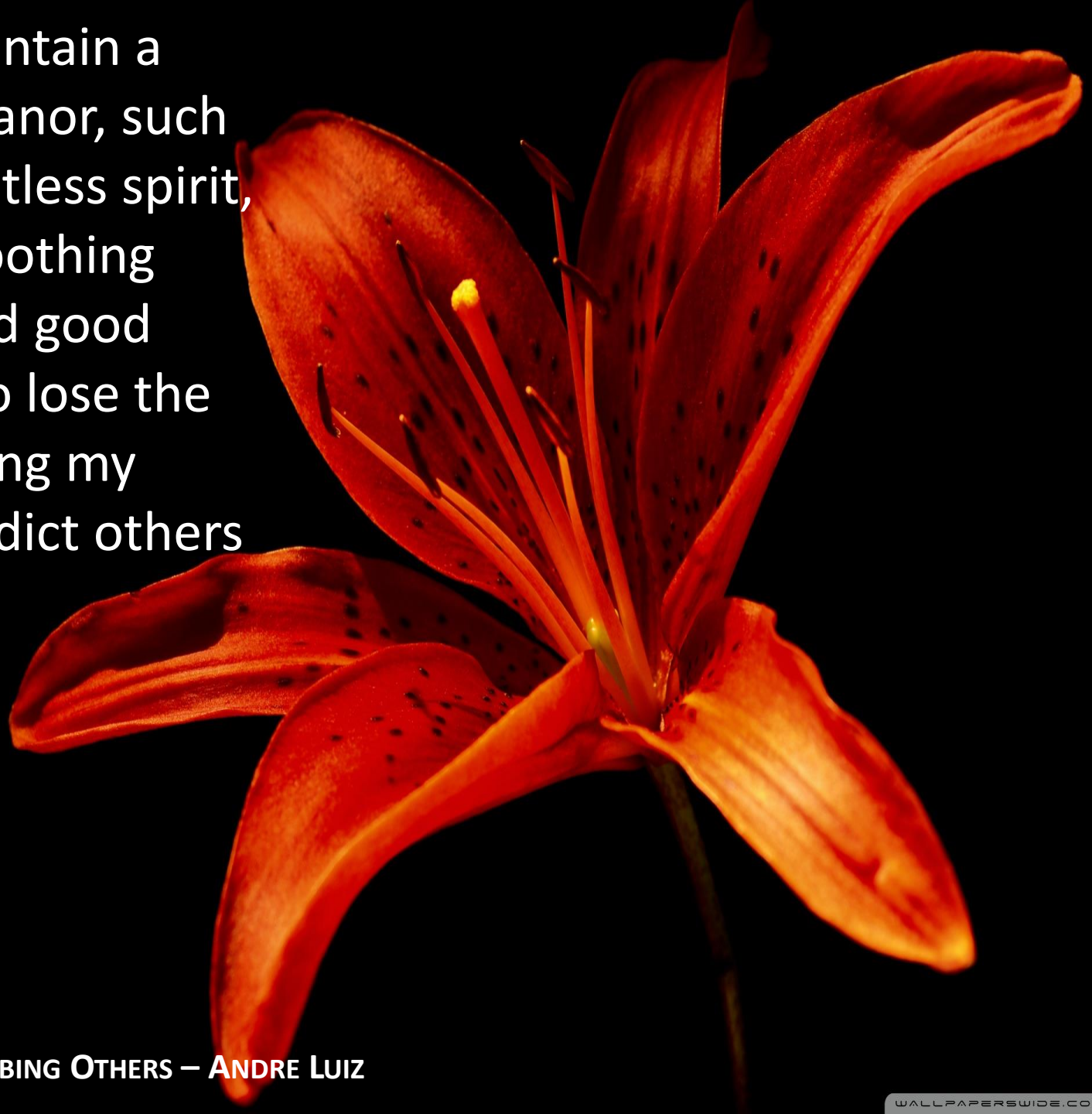
PRAYER TO AVOID DISTURBING OTHERS — ANDRE LUIZ

Compel me to silence every
complaint with respect to the
trials and obstacles in life so I may
not disturb those who share my
path.



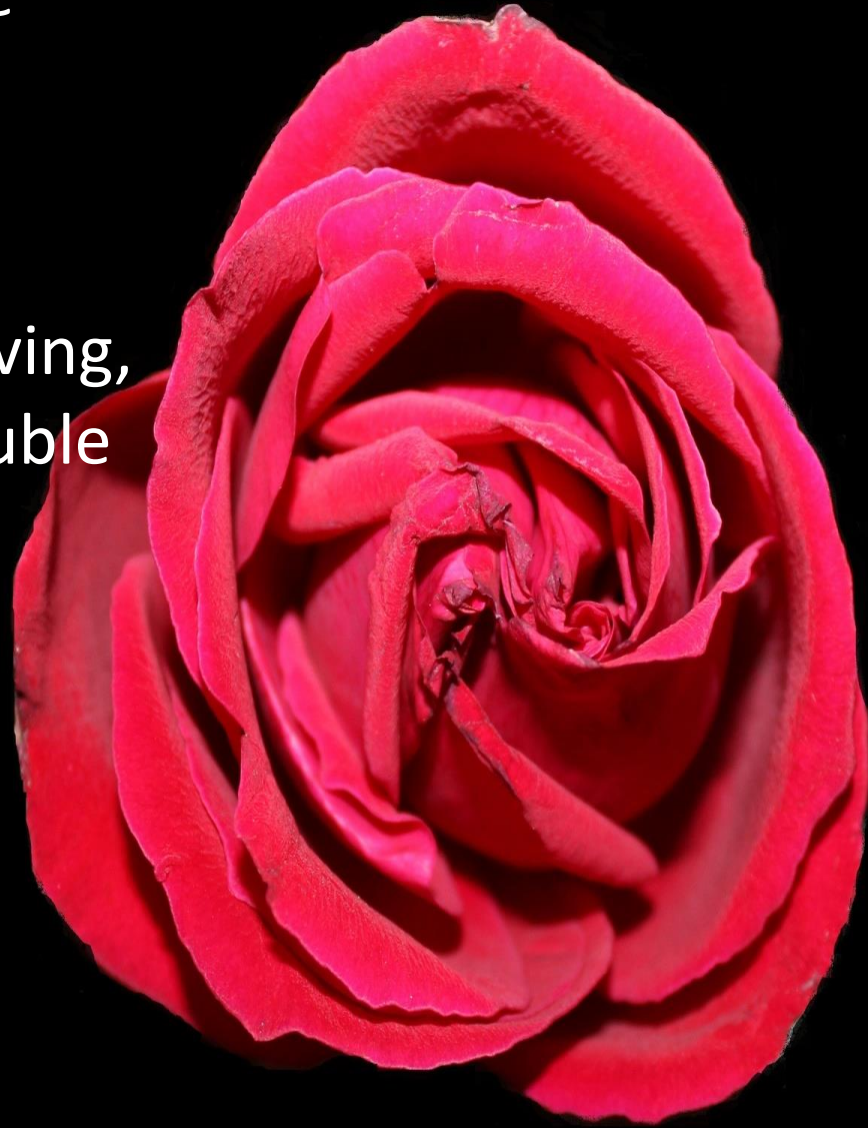
PRAYER TO AVOID DISTURBING OTHERS — ANDRE LUIZ

Help me to maintain a pleasant demeanor, such as that of a guiltless spirit, to speak in a soothing voice, to uphold good manners and to lose the habit of imposing my ideas or contradict others without need.



PRAYER TO AVOID DISTURBING OTHERS — ANDRE LUIZ

And assist me, Lord,
to live within the
directives of my
duties and
commitments,
working and serving,
so I may not trouble
anyone.



Love yourself more.



To love yourself is to respect yourself. In this way you make life's highest achievements and the elevated aspirations of the heart possible .





Keep the light of enthusiasm burning in your endeavors and, knowing that your destination is the Great Light, let your noble aspirations shine.



Chose the best part of everything and overcome the worst, which harms and debases.



You are not a distance observer of life.



**You are a member of the universal organism,
invested with tasks and responsibilities. Carrying
them out will lead to many successes for you.**



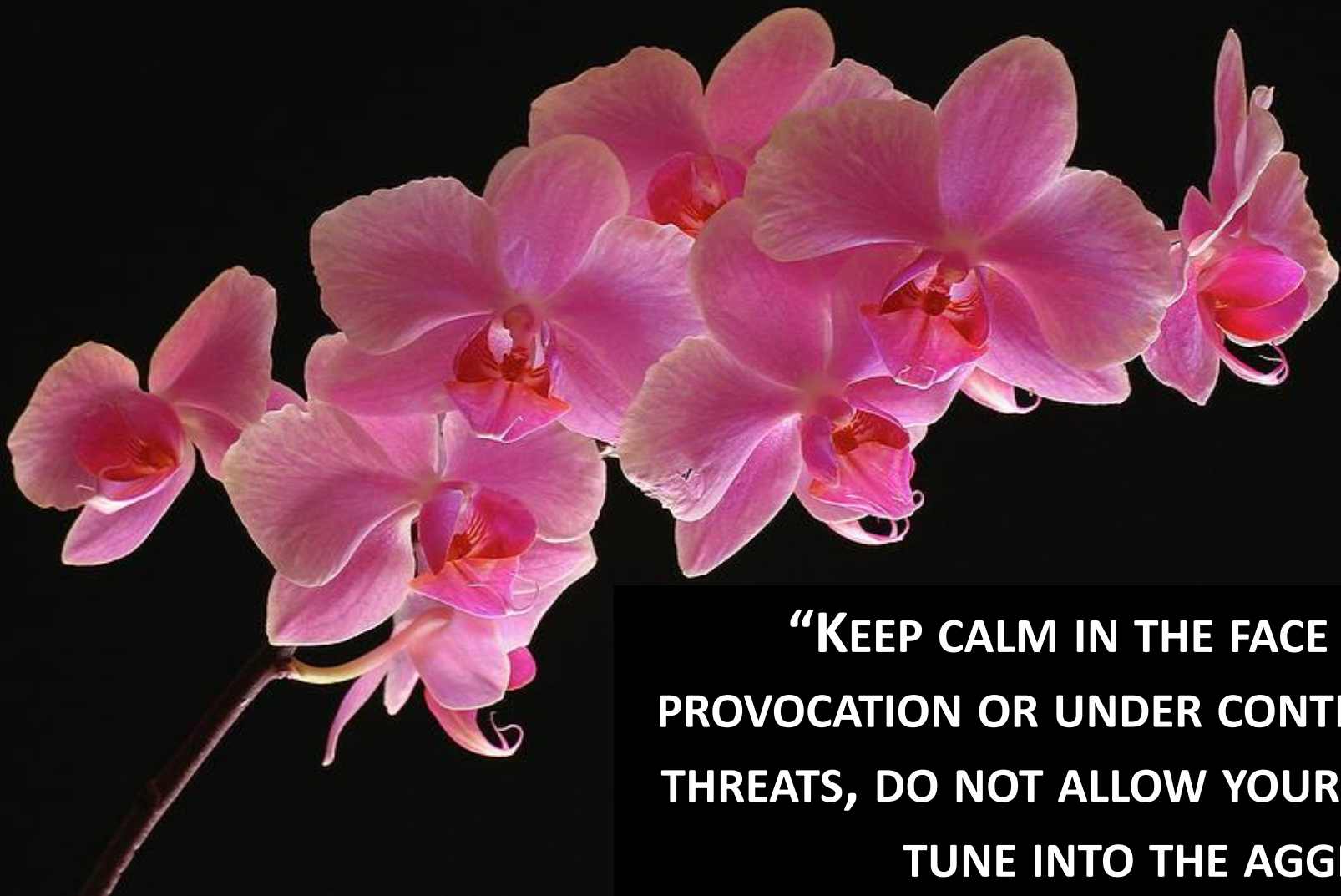
Consider yourself a valuable person in the web of Creation who is becoming more and more active in the Father's Work and making it better known and respected.



**You are God's heir, and the universe,
in a way, belongs to you.**



**We are all destined for happiness,
for perfection.**



**“KEEP CALM IN THE FACE OF ANY
PROVOCATION OR UNDER CONTINUOUS
THREATS, DO NOT ALLOW YOURSELF TO
TUNE INTO THE AGGRESSIVE
WAVELENGTH.”**

FROM THE BOOK “RECIPES FOR PEACE” BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, P. 86



**Prayer is for the soul
what bread is for the body.**

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14

To pray is to open oneself unreservedly to God.

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14





Prayer should be a thanksgiving for the gift of life.

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14



**When you pray you establish a link
with the whole creation.**

**Silent prayer is
better than verbal
prayer because
words create visual
symbols that may
interfere with your
inner aspirations.**

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH
DIVALDO FRANCO, ITEM 14



True prayer is an inner communion between you and God.

dark me

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14



**Prayer is the
language that
inspires the
spirit and
opens doors
to higher
perceptions.**



FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE
ANGELIS THROUGH DIVALDO FRANCO, ITEM 14

Prayer should be the prelude to all human actions since it fortifies the soul and enables it to overcome any difficulties.

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14



**Prayer should be your joy; it will help you to
face your many battles.**

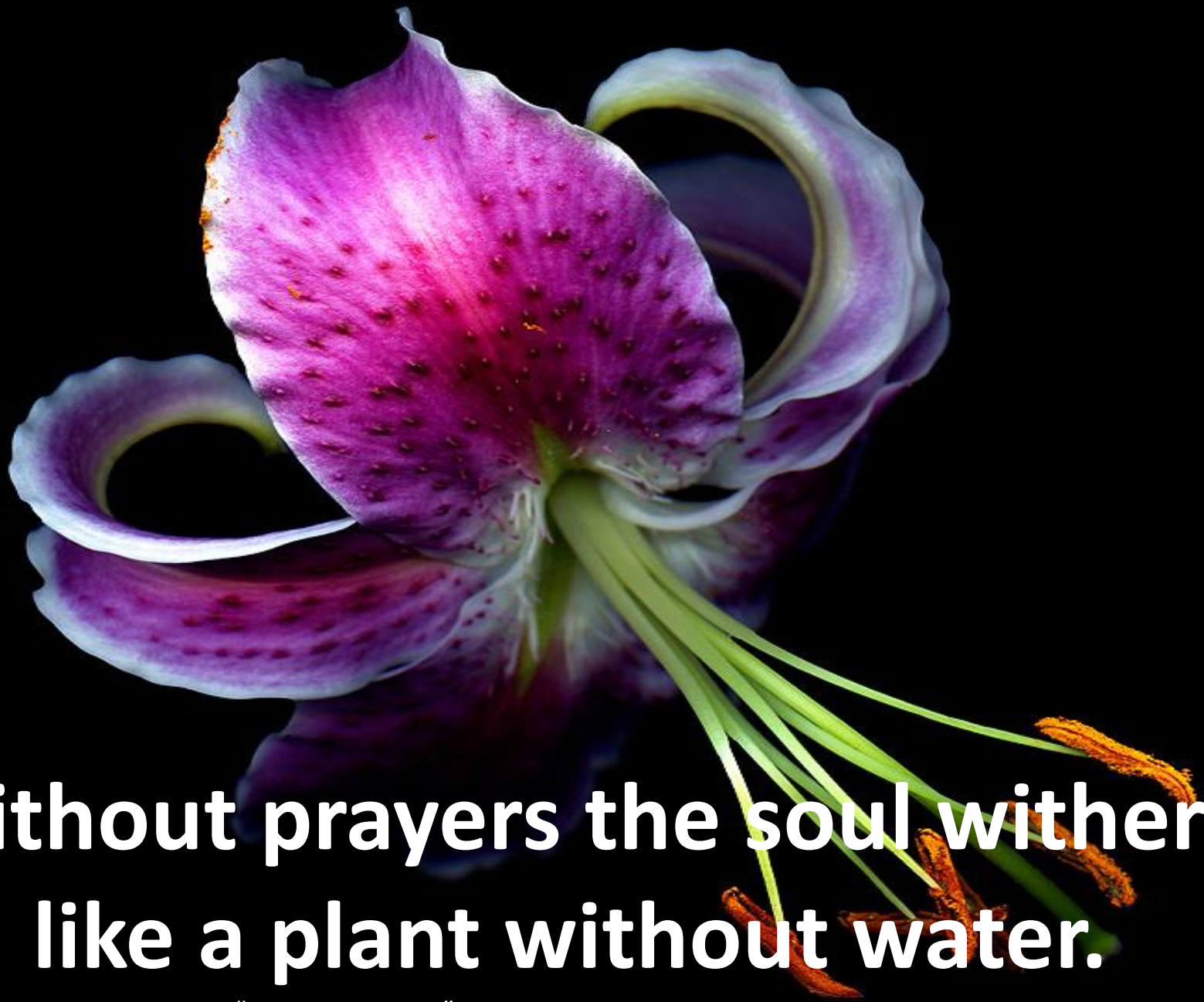
FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14



Prayer inspires noble souls to join forces to assist others.

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14





**Without prayers the soul withers
like a plant without water.**

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14



**Pray as much as you can; moreover, try to make
your daily life an act of wordless prayer.**

FROM THE BOOK "LIVING AND LOVING" BY JOANNA DE ANGELIS THROUGH DIVALDO FRANCO, ITEM 14