

**BRAZILIAN
SPIRITIST
FEDERATION**

Mediumship: Study
and Practice
Program 2

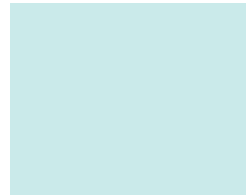
**Module I – The mediumistic practice
at the spiritist center**

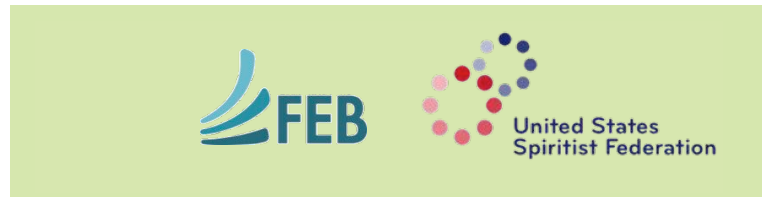
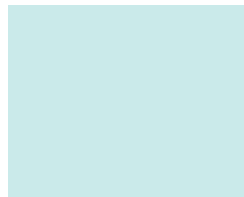
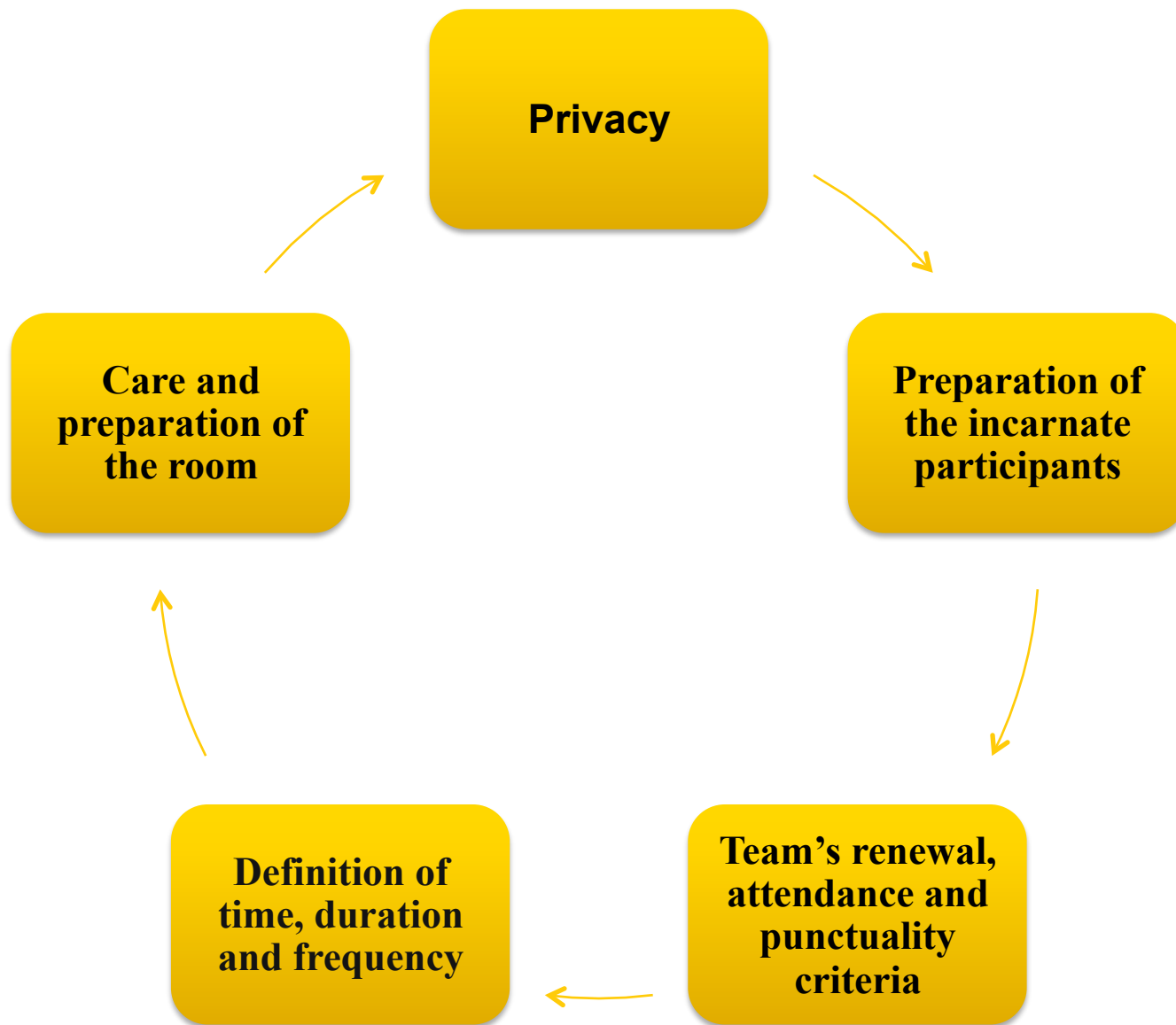
**Organization and
functioning of a
mediumistic meeting**

Topic 1



What is necessary for the organization and functioning of a mediumistic meeting





Privacy

The mediumistic meetings must be private.

The doors must be closed to prevent the entry of late team workers or the entry of outsiders.

It is recommended to close the entrance doors 15 minutes prior to the meeting's starting time. This time will be fulfilled with a preparatory reading.

Source: Xavier, FC e Vieira, W. Disobsession. Chapter.14

Incarnate participants

- ✓ Elementary spiritist education
- ✓ Continuous effort on moral self improvement
- ✓ Effective participation in other activities of the Spiritist Center

The number of the mediumistic meeting's participants should not be excessive.

Incarnates showing signs of an obsessive process are not recommended to participate in the meeting .

The leading of a mediumistic meeting under the spiritist principles must be guided by **simplicity**.



Time, duration and frequency

The following is recommended:

Meeting's average length = 90 minutes

Well defined duration for each phase (preparatory reading, opening prayer, study—if necessary, mental irradiations, manifestation of the discarnate spirits in need of assistance and/or the communication of the spiritual benefactors, closing prayer and meeting's evaluation).

Determine the day, time and location of the mediumistic meeting.

On a weekly basis or according to the Spiritist Center directors' consensual decision

Each medium should be restricted to two communications, in order to eliminate energy outlays and consecutive or chain manifestations, which are under many aspects inconvenient.

Source: Xavier, FC e Vieira, W. Disobsession. Chapter 40



Renewal, attendance and punctuality

The acceptance of new group members is natural, however, it should be performed with common sense and criterion.

It is necessary to investigate with clarity and a fraternal attitude, the participants' causes of evasion, low attendance and the lack of punctuality.

ATTUNEMENT



Mediumistic meeting's location

✓ **At the Spiritist Center preferably**

✓ **Electronic devices can be used, as long as they don't disturb the concentration and the mediumistic attunement**

✓ **The container holding the water to be magnetized should be kept away from the table where the mediumistic works are taking place.**

✓ **It requires cleaning and constant motion should be avoided**

✓ **The furniture's layout should favor the silent displacement of the group members (counselors, pass givers)**

✓ **Simple furniture – table, chairs and a cabinet to store the preparatory readings' books.**

✓ **It is recommended the use of an electric device in order to control the luminosity level**



In order to contribute, even if in a simple and humble way to the task of Humanity's regeneration, the mediumistic practice requires constant nurturing only achieved through study and experience.

“Just as any earthly position requires the sincere application by any dedicated student, the process of mental improvement requires effort in forth rightness and knowledge.

Source: Xavier, FC. Our Daily Bread. Chapter 167

