

**BRAZILIAN
SPIRITIST
FEDERATION**

Mediumship: Study
and Practice
Program 2

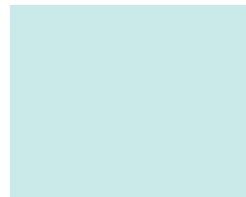
**Module I – The mediumistic practice
at the spiritist center**

**Difficulties and
obstacles to the
mediumistic practice**

Topic 6



How to act when hindrances and obstacles hinder the mediumistic practice



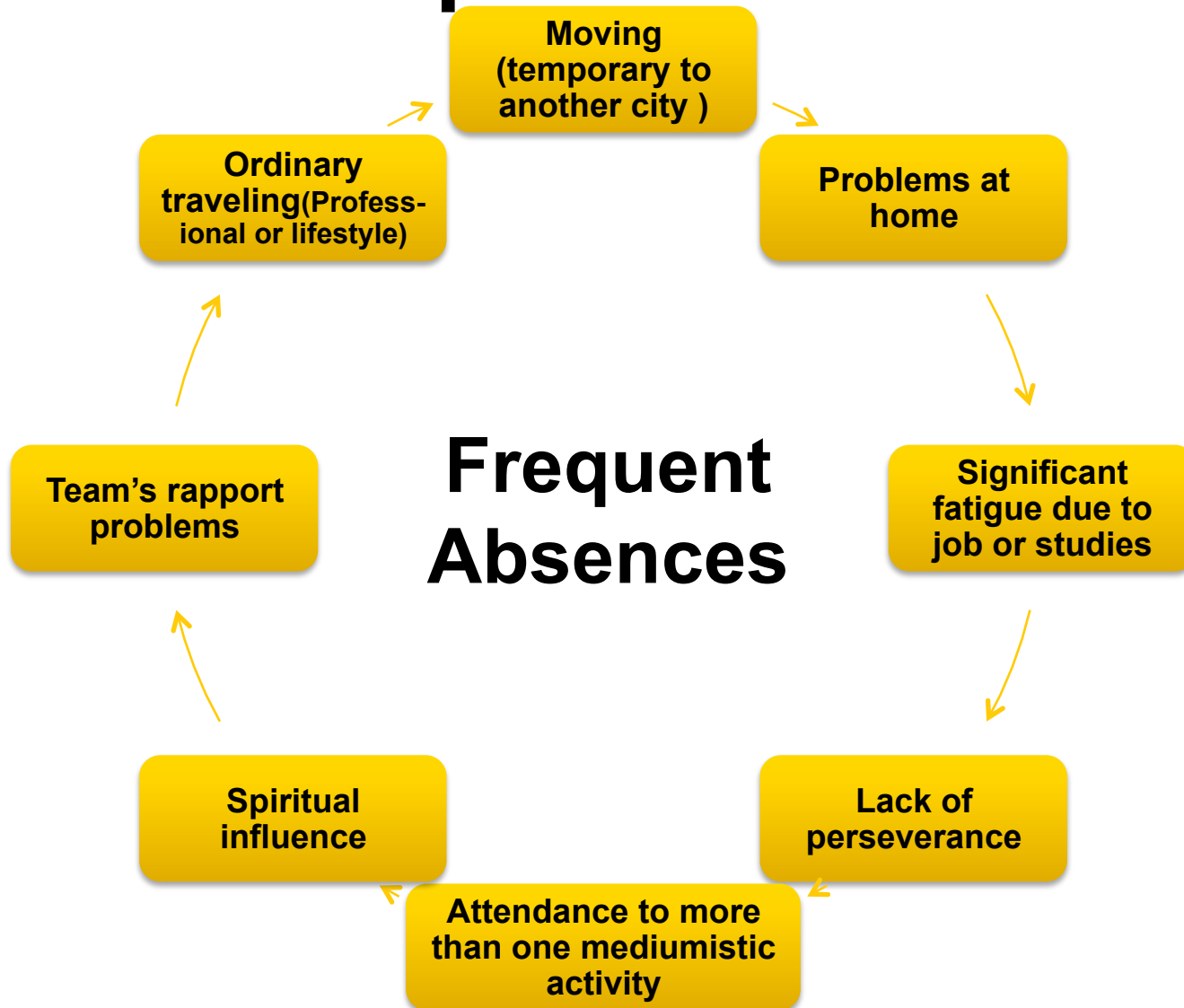
“Whenever obstacles do interpose between the duty of action and the need for cooperation on the service of the good towards our neighbors, which always redound as benefit to ourselves, let us ask for Divine Assistance through the silent prayer, and give heed to all of those who concern us regarding the tranquility of our own conscience.

But, before any others without any firm spiritual life foundation, we shall have the courage to break with them, in the certainty that, with God’s Blessing we will overcome all the crises and obstacles of the daily struggle if we are willing to work.”

Source: XAVIER, FC. Rumo Certo (Right Direction). Chapter 8



Mediumistic practice's difficulties



Mediumistic practice's difficulties

- Persistent absence, though justifiable, leads to the task's disruption. This situation creates other problems such as difficulties in tuning with the team of incarnate and discarnate workers.

- In this case, the worker's permanence in the team should be suspended until the situation returns to normal. He or she should participate in other Spiritist activities (public lectures, assistance/social promotion, study sessions).

- "In mediumship, as in any other noble work, there is no instantaneous achievement. If you put the effort to enhance it, remember the anonymous workers of evolution who came to the world before you, fighting and suffering so you would walk a better path. None of them stopped at the enthusiasm's station or at the dreams' door.

•Source: Xavier, FC. Seara dos Médiuns (The Medium's Field). Spirit Emmanuel. Chapter 54



Mediumistic practice's obstacles

MORE COMPLEX SITUATIONS

A moral fault or a social behavior, incompatible with the seriousness of the meeting

Severe physical or mental/psychic disharmony

“ Remember that disappointments, embarrassments, disillusionments and trials are all milestones on the path of us all, therefore, in order to avoid becoming enwrapped in obsession what matters is not the suffering that visits us, but our personal reaction to it. ”

Source: XAVIER, FC. Meditações diárias (Daily Meditations). Chapter. Preventing Obsessions.

Nine obsessive process' signals in mediumistic group

1. Persistence of a spirit in communicating, regardless of the medium's will, (by writing, hearing, by typtology, etc.) preventing other spirits from communicating.

2. Illusion that, in despite of the medium's intelligence prevents him or her from recognizing the falsehood or the ridicule of the communications he or she receives.

3. Belief in the infallibility or absolute identity of the spirits who communicate under respected or noble names, saying false and absurd things.

4. Medium's confidence in the compliments being made by the spirits who communicate through him or her.

5. Willingness to withdraw from people who can give him or her useful advice.



Nine obsessive process' signals in mediumistic group

6. React badly to criticism of the communications he or she receives.

7. Incessant and inopportune need to write (or to manifest through another type of mediumship).

8. Any physical awkwardness, which dominates the will of the mediums or force them to act or to speak against their own will.

9. Noise and persistent disturbances around the medium, of which he or she is the cause or the target object.

Fonte: KARDEC, A. The Medium's book. Part.2 Chapter. XXIII

" It is necessary to reflect in a cautious manner so that the situation of a worker's departure from the mediumistic group must be addressed with common sense and true spirit of fraternity, analyzing case by case."

