

# Disobsession: Spiritist Resources



## Topic 5

BRAZILIAN SPIRITIST FEDERATION  
Mediumship: Study and Practice  
Program 1  
Module III – Mediumship – Obsession - Disobsession



# Disobsession spiritists resources

Prayer

Inner growth

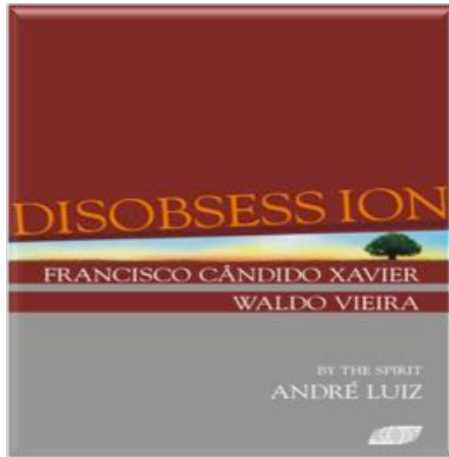
Passes and magnetized water

Explanation of the gospel

Mental Irradiation

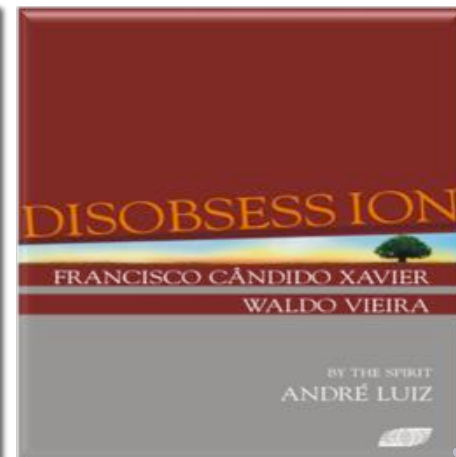
Fraternal dialogue with the obsessing entity

# Disobsession spiritists resources

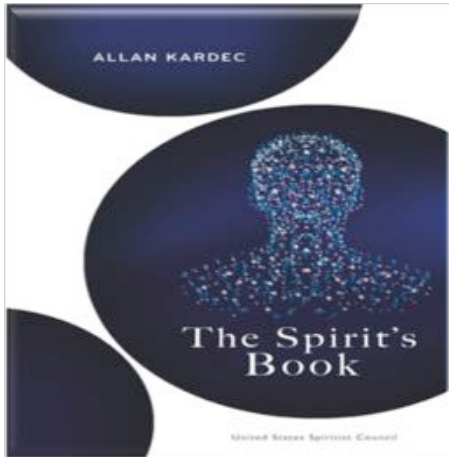


Disobsession is a task that requires effort, because it aims to the spiritual liberation of those involved: the obsessor and the obsessed person.

“We would be greatly mistaken if we were to think that the work of disobsession only benefited disincarnate spirits still living in mental darkness. These activities benefit the disincarnate spirits and us, as well as those who share our physical experiences (...).”

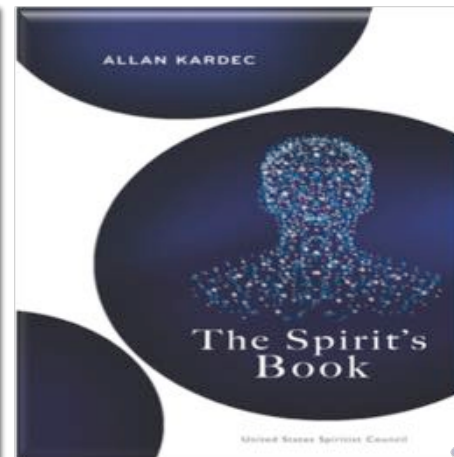


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Is prayer an effective means for curing obsession?

“Prayer is a powerful aid in everything, but you must realize that it is insufficient to simply mutter a few words to obtain what you desire. God helps those who act – not those who limit themselves to only asking. Therefore, obsessed persons must do their part in order to destroy in themselves the cause that attracts evil spirits.”



KARDEC, Allan. *The Spirits' Book*. Q. 479.

# Inner growth

The prevention and cure of spiritual disease requires renewal of the mental frame the person finds oneself.

Therefore, it is necessary to work the will, in order to reap good results.

Together with prayer, the will is a conscious force that drives the Spirit to its inner transformation, freeing it from the negative influences zones.

# Passes and magnetized water

Passes represent reinvigorating energies transfused into the perispiritual level that is reflected in the physical organization, presenting clear organic benefits.

Not only the incarnate is benefited by passes, but also the needy disincarnates, in general and the obsessor, in particular.

The magnetized water is also an effective vehicle of medicated fluids which, when absorbed by the perispirit, are transferred to the physical body, treating it.

# Explanation of the gospel

According to the degree of obsession, not always the person reveals instantly conditions to be referred to a doctrinal study group where he or she could get the necessary spiritist enlightenment.

Under these conditions, the person should be advised to attend weekly meetings of the Gospel that, in addition to being short, create a special welcoming moment, while providing spiritist clarification, because of the beauty and simplicity of the high vibrations propitiated by the messages of Jesus.

# Mental Irradiation

Mental irradiation is "(...) a private meeting of prayers where a group of people gather together to radiate energy of peace, love and harmony, inspired by the practice of The Gospel According to Spiritism in favor of incarnates and discarnates in need of service spiritual."



# Fraternal dialogue with the obsessing entity

Concomitant with the actions developed by the incarnate that is under the obsessive yoke, it is essential to care for the obsessing entity.

With the help of spiritual workers who work in the mediumship groups, the obsessing spirit is taken to a doctrinal enlightenment through a fraternal dialogue, manifesting itself by way of a trance medium.