



How many times you ask for guidance in the experiences of life!



You frequently appeal to the spirituality, weighed down by afflictions and disappointments, as if crushed by stones of despair.



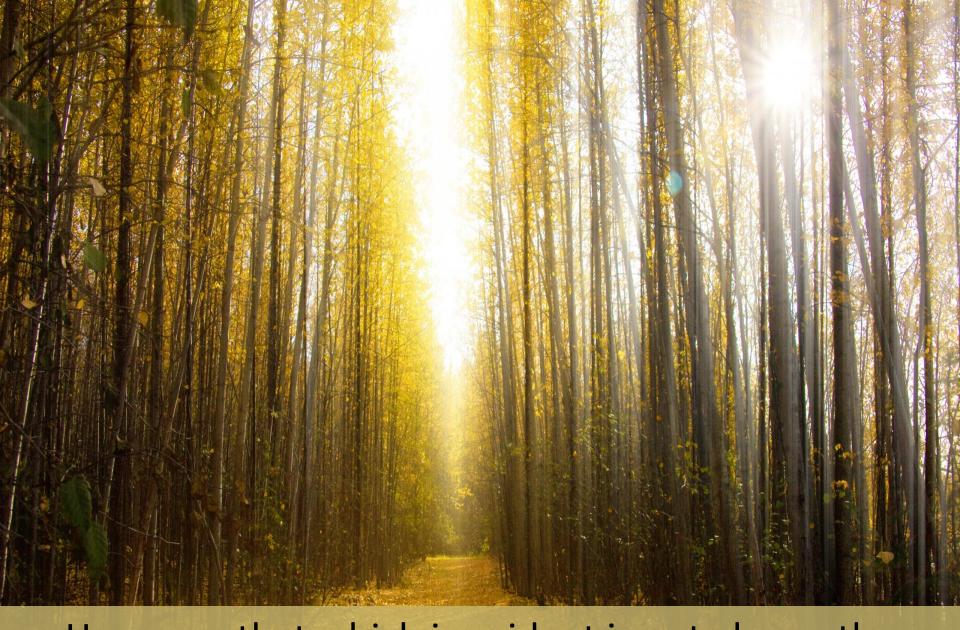
However, on most occasions, the divine remedy to overcome such concerns is already enriching your experiences in life.



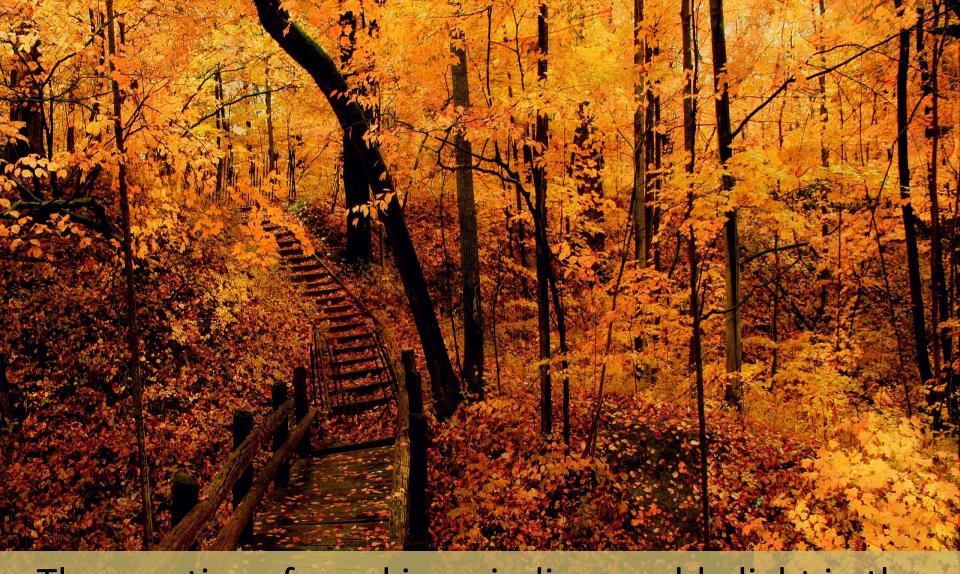
Who among us ignores the imperative need for patience during the unsettling circumstances that assault us in our evolutionary journeys?



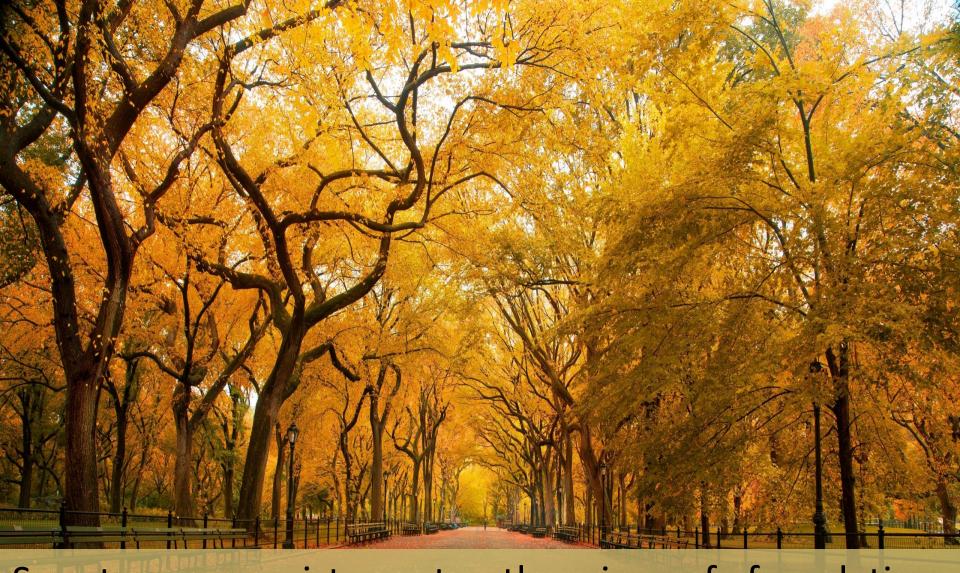
Such a simple recommendation this is, one would object, that this reminder expresses nothing else but the obvious, so preordained to everyone in their evolution as the humdrum of daily life itself.



However, that which is evident is not always the easiest to accomplish.



The practice of good is an indispensable light in the pursuit of happiness. We all know that. Nevertheless, who among us can kindle it without effort?



Spontaneous assistance to others is a safe foundation.

That is irrefutable. Yet, how long will you spend on the complete learning of such message?



In every obstacle to conquer and in all shadows to extinguish, let us engage patience in the service of the heart.



Patience applied to tolerance and understanding in all the trials and struggles that the world presents us.



Progress may vertiginously follow the avenues of intelligence on Earth when it comes to the material nature of your realizations.



However, without the lubricant of patience in the machinery of our relationships with each other, the speed in the physical world will frequently do nothing but dry out the gears of life, precipitating us, rather often, towards instability or disaster, fatigue or perturbation.



If you aspire to find safe directives that may guarantee stability to your home or social group;



if you aim at being the most efficient at the work entrusted to you;



if you really want to support your beloved ones,



and if you effectively want to live with tranquility and produce abundantly, cultivate patience during moments of tribulations and problems that recur on your path, whatever they are,

for it is only through the constant exercise of patience that we will find within us a peaceful territory in which we will edify the everlasting kingdom of love.

