

YOU WILL WIN - EMMANUEL

FROM THE BOOK **MISSIVES OF HOPE**

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**UNITED STATES
SPIRITIST FEDERATION**





YOU WILL WIN — EMMANUEL

Do not be discouraged.
Persist a little longer.



Do not cultivate pessimism.
Focus on the good to be accomplished.

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Forget the suggestions from destructive fear.
March forward, even across the shadow of
your own mistakes.
Advance even if amidst tears.

Work continually.
Edify always.
Do not allow the frost of
disenchantment to numb your heart.



Do not be susceptible to difficulties.
Convince yourself that victory is a daily
achievement.

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Do not give up patience.



Do not believe in accomplishments
without efforts.
Apply silence to insults.
Oblivion to evils.
Forgiveness to offenses

Do not be susceptible to difficulties.
Convince yourself that victory is a daily
achievement.

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Recall that aggressors
are infirm individuals.

A photograph of a slot canyon with smooth, undulating orange and red rock walls. A bright light source from above creates a dramatic beam of light that illuminates the center of the canyon floor. The walls show distinct horizontal sedimentary layers.

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Do not allow unbalanced companions to
destroy your work or snuff your hope.

The background of the image is a photograph of the interior of Antelope Canyon. The walls are made of smooth, undulating sandstone that has been shaped by erosion into flowing, wave-like patterns. The lighting is warm and golden, with a bright light source at the top right creating a strong beam of light that cuts through the narrow passage. The overall color palette is dominated by various shades of orange, red, and brown.

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Do not belittle the duties your conscience demands of you.

If you have made a mistake somewhere
along the way, readjust your perspectives
and seek the right way.

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A photograph of the interior of Antelope Canyon, showing smooth, undulating sandstone walls illuminated by warm, golden light from a narrow opening at the top. The light creates a dramatic play of shadows and highlights on the curved surfaces of the rock.

Count neither
successes nor failures.

The background of the image is a photograph of the interior of Antelope Canyon. The walls are made of smooth, undulating sandstone that has been eroded into flowing, wave-like patterns. The lighting is warm and golden, coming from a narrow opening at the top, which creates a dramatic play of light and shadow across the curves of the rock. The overall color palette is a range of oranges, from deep reds and purples in the shadows to bright yellows and whites where the light hits.

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Study with the
intention of learning.

Do not turn yourself
against anyone.

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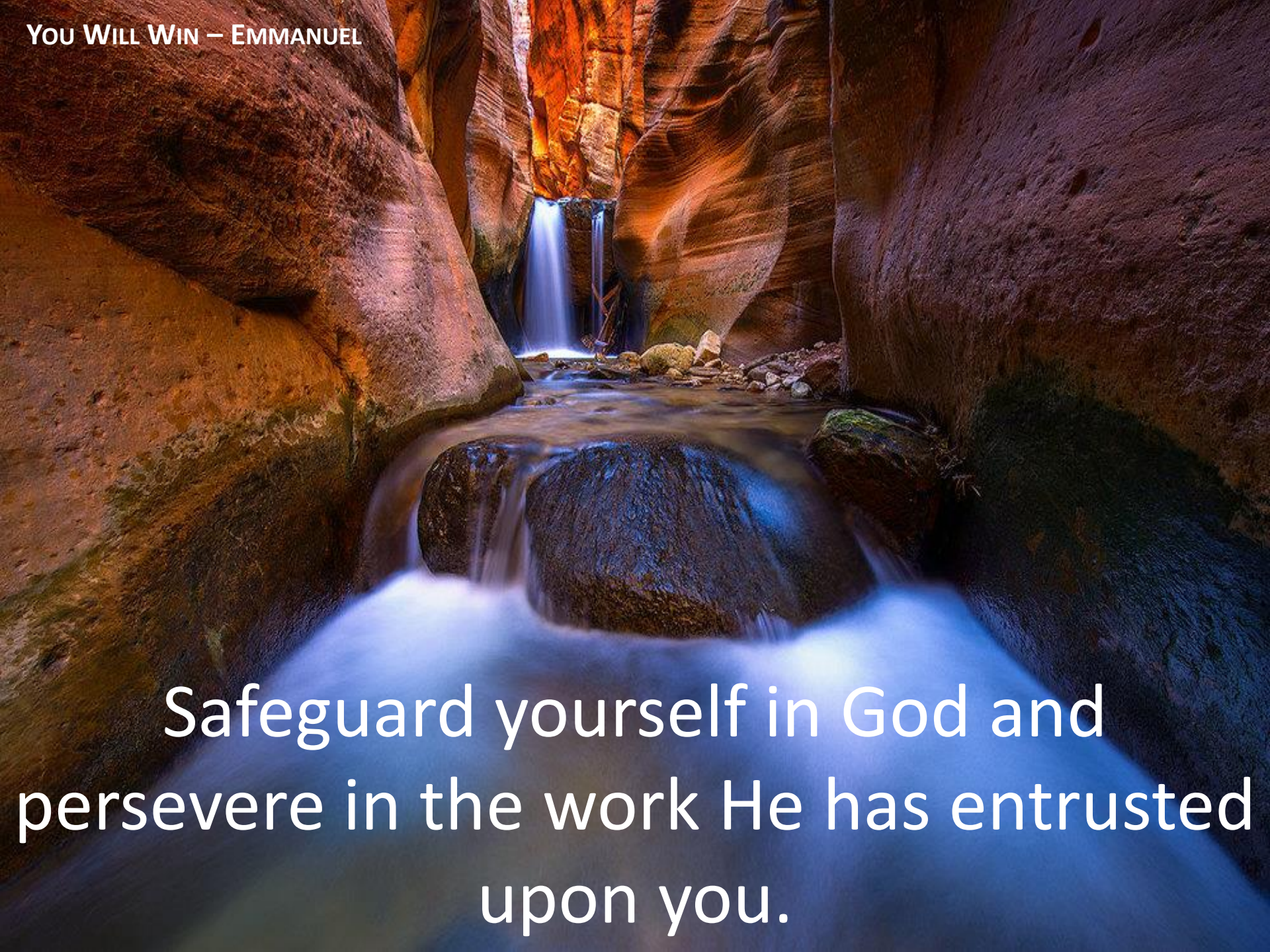
Do not dramatize trials
or difficulties.



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Maintain the habit of
praying so there might be
light in your inner life.

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A photograph of a narrow, rocky canyon. A small waterfall cascades over a large, dark rock in the foreground. The water flows into a pool below, surrounded by more rocks. The canyon walls are made of reddish-brown rock, and the lighting is warm, creating a serene and majestic atmosphere.

Safeguard yourself in God and
persevere in the work He has entrusted
upon you.

Love always, doing for others the very best within your possibilities.

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Act with assistance.
Attend without attachment.
And in this manner you shall win.