



Federação Espírita Brasileira

AREA OF MEDIUMISTIC ACTIVITY



United States
Spiritist Federation

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OPERATIONAL

STRUCTURE OF

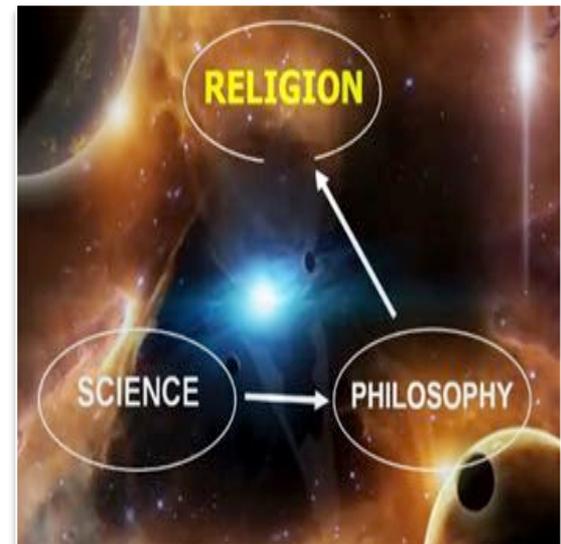
MEDIUMISTIC AREA



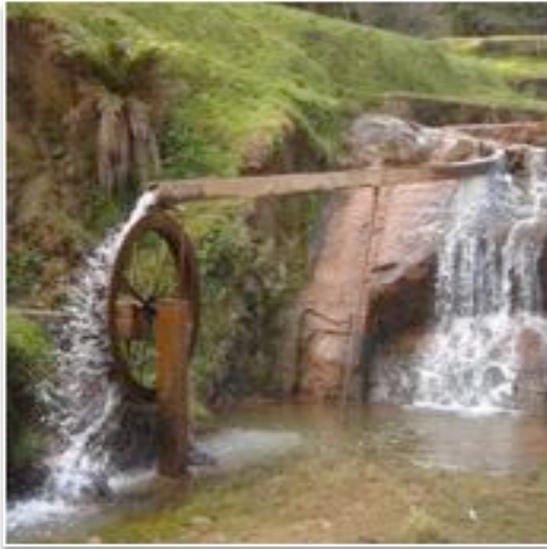


It is the set of principles and laws revealed by the Superior Spirits, contained in the works of Allan Kardec, which constitute the Spiritist Codification.

Spiritism is a science that deals with the nature, origin and destiny of the Spirits, as well as their relationship with the corporeal world. Allan Kardec (What is Spiritism – Preamble)

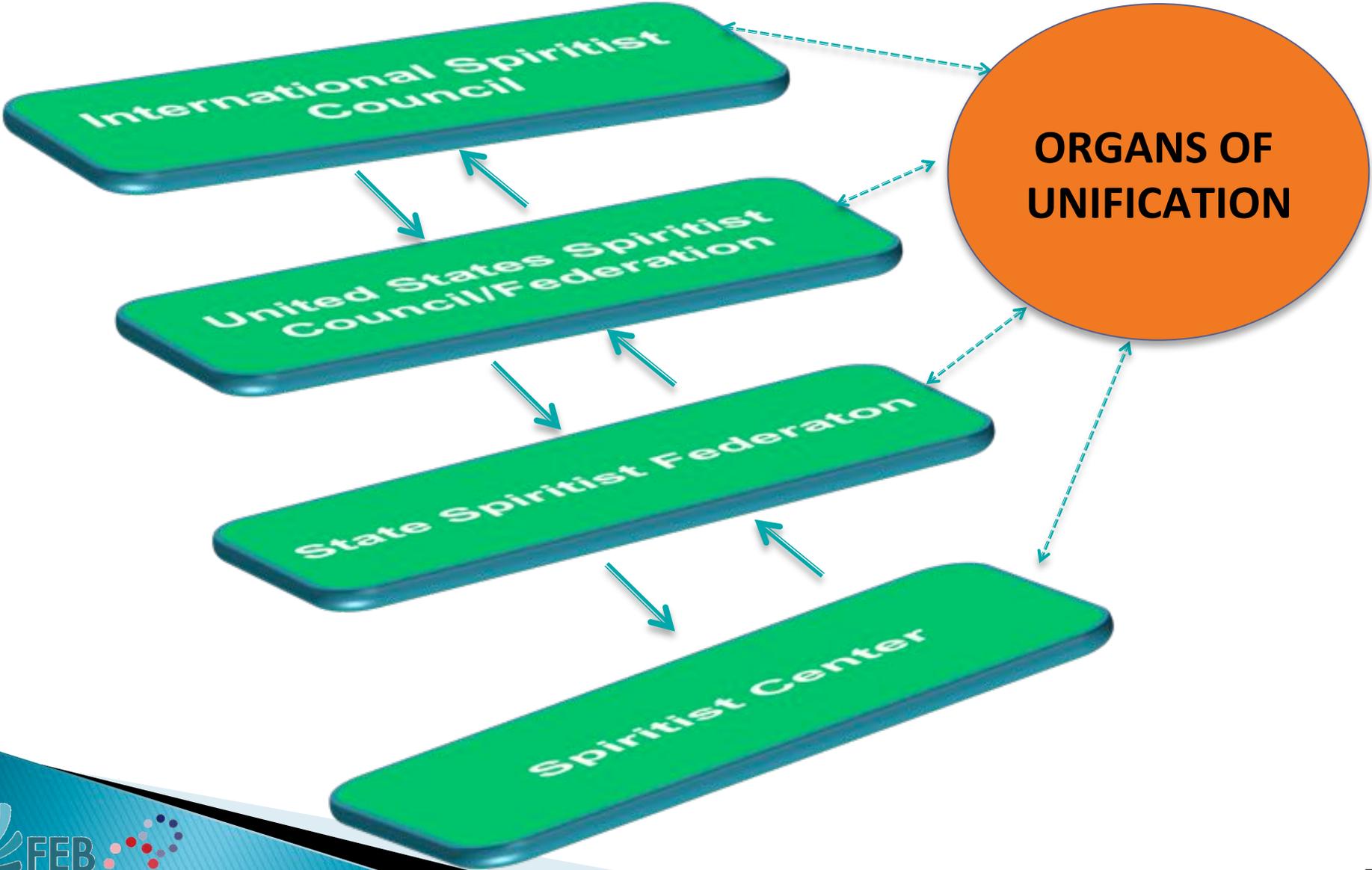


Spiritist Movement: What is it?



It is the set of activities carried out by people, alone or in groups, and by Spiritist Institutions, which aims to put the knowledge contained in the basic works of Allan Kardec, available and to serve humanity, through its study, its practice and its dissemination.

Organization of the Spiritist Movement



The president and directors of the spiritist center must have a vision of the ONENESS and be a CONNECTING LINK within the institution — promoting the unity and integration of all team from different areas and sectors.



At the same time, it must be a BRIDGE that promotes unity and interaction between the different levels and organ of unification.



EXERCISES

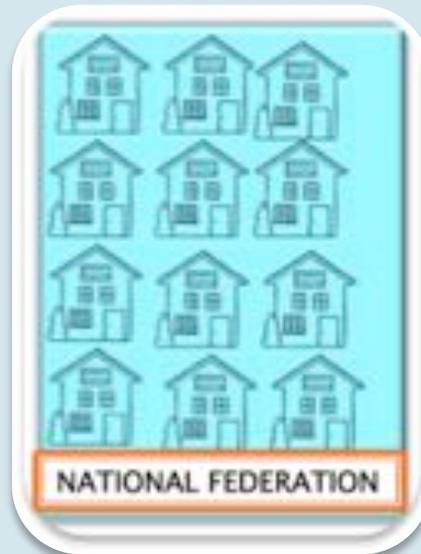
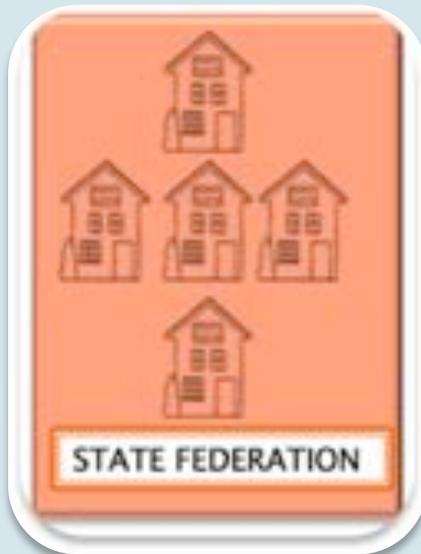
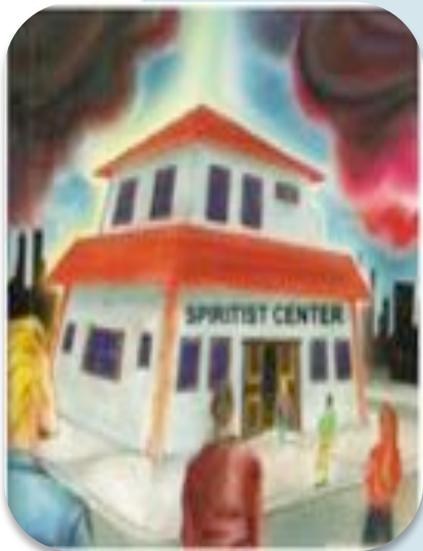


A HOUSE

A GROUP OF HOMES + CONDOS/ NEIGHBORHOODS = CITIES









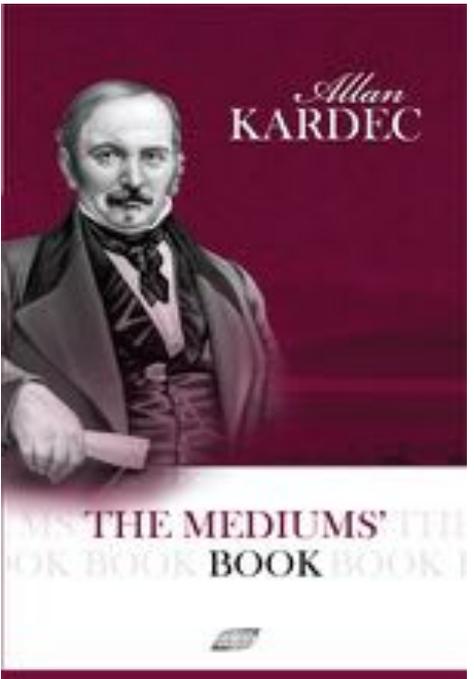
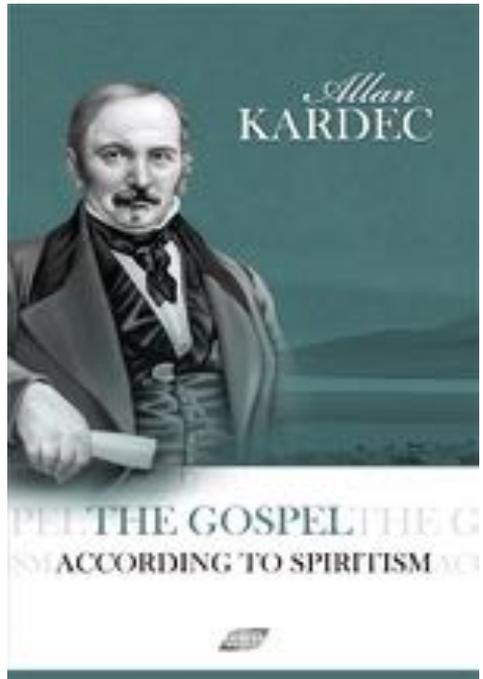
1. The area of mediumship should be simple, safe, serious and educational, regardless the administrative structure of the Spiritist Group.

2. It should prioritize the study (spiritist knowledge), based on serious references (Spiritist Codification) and **living of the Christian's teachings.**

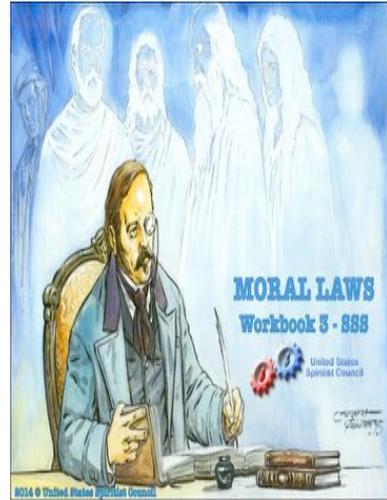
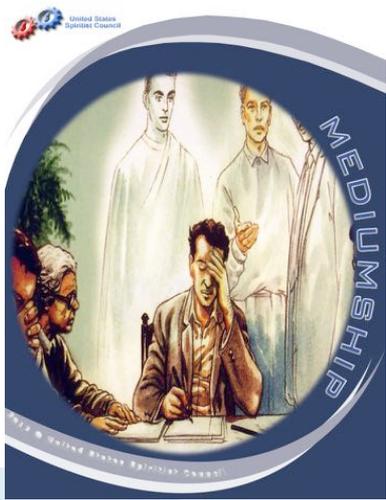
3. It can be organized in a Area, Department or Sector.

Organizational foundation of mediumship

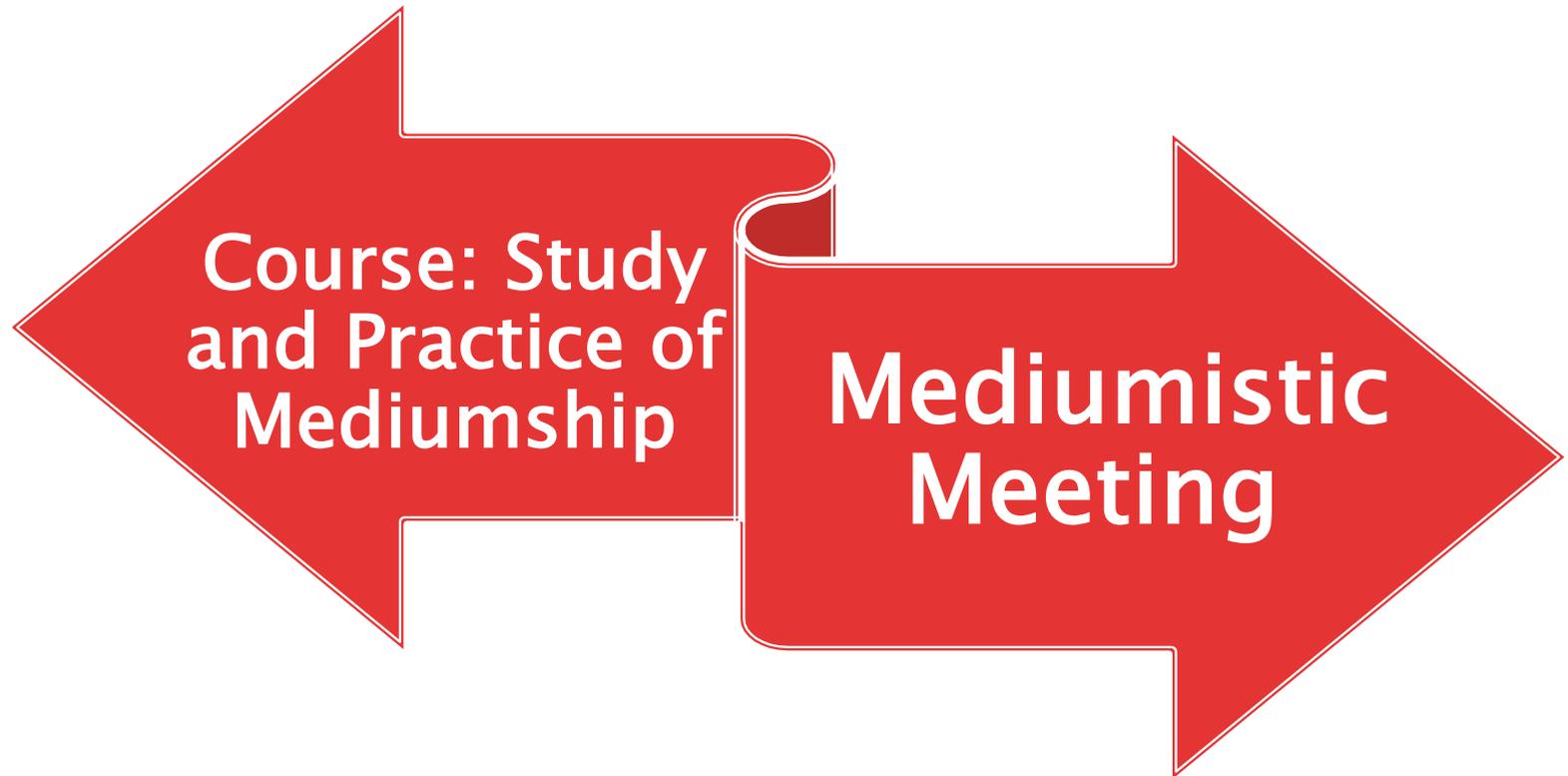




AND/OR



ORGANIZATIONAL STRUCTURE OF MEDIUMSHIP



Additional mediumship documents



1. Contents of the Mediumship Course: Study and Practice

2. Guidance booklet to Practice Spiritist Mediumship

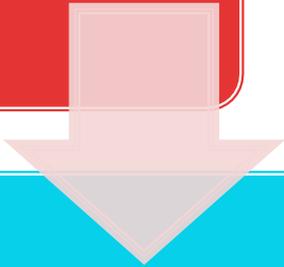


1- COURSE

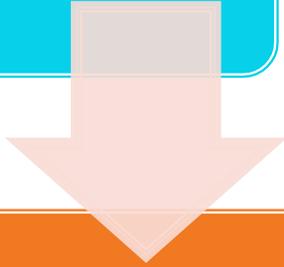
Mediumship: Study and Practice



Proposal: methodical and sequenced study and practice of mediumship in the light of Spiritism and moral teachings of the Gospel.

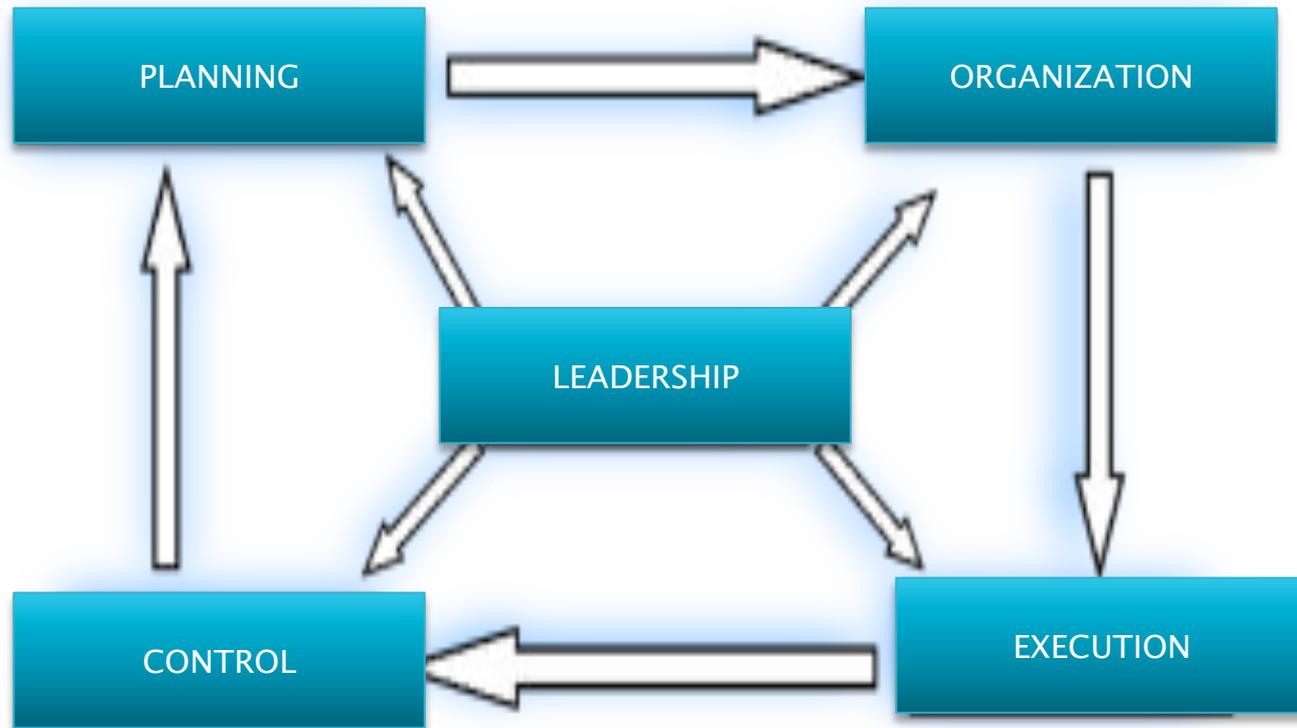


Registrants must have basic knowledge of Spiritism.



It is a private meeting that prioritizes the effective participation of the registrants.

COURSE ORGANIZATION



COURSE ORGANIZATION



Team (or person) qualified and cohesive

2-Mediumistic Spiritist Meeting



BASIC PROPOSAL OF THE COURSE



Assist the formation of young and adult spiritist workers in the field of mediumship, regardless of their current or future participation in a mediumship group.



COURSE FORMAT

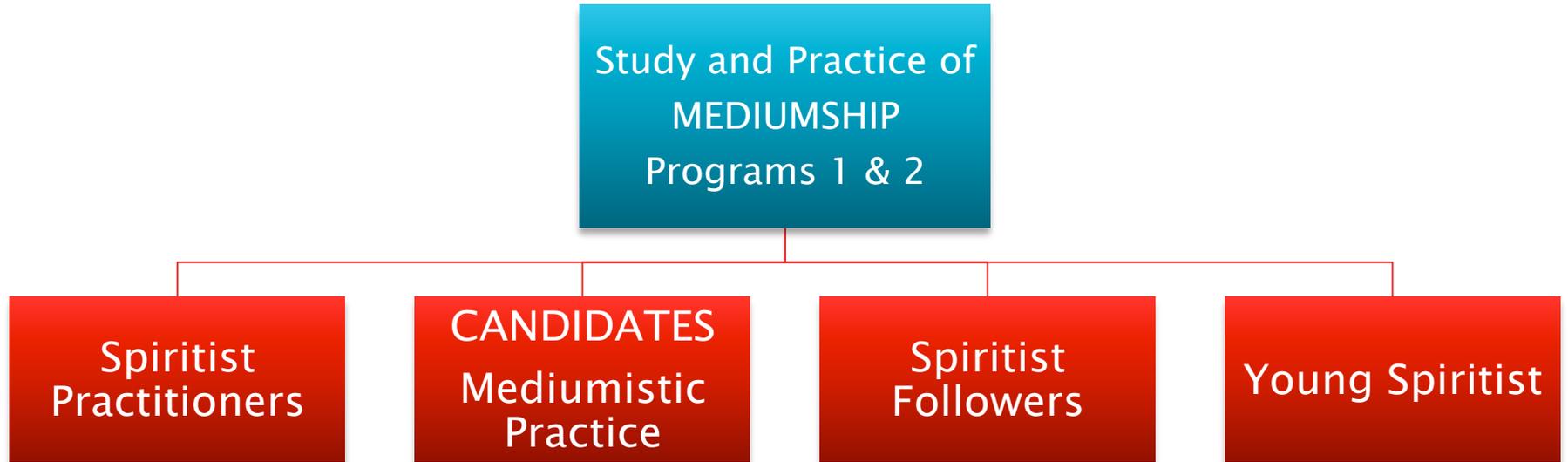
Content based on the work codified by Allan Kardec and the Gospel of Jesus.

View of the extent and the transcendence of the mediumistic faculty.

Analysis of the spiritist medium's role, regardless of having or not a productive mediumship.

Safe guidelines for the conduct of mediumship practice in the Spiritist Center.

This is how it can be applied:



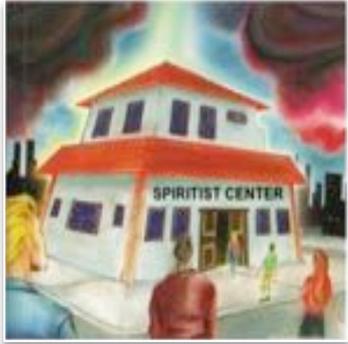
OBJECTIVE OF THE COURSE:



To offer the Spiritist Center's participant a basic course in mediumship knowledge and its practice.

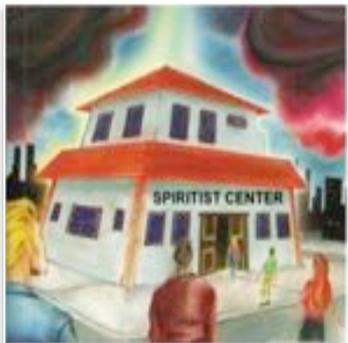


Location:



Weekly meetings to study and practice spiritism:

Friendly, even in simple environmental conditions and without many material resources.



It's important the person to feel welcome, respected, accepted.

The Course is organized in:



Two Programs containing specific theoretical study of mediumship (35%) and spiritist practice (65%)



Suggestions of Course Application

COEXISTENCE SPACE Respect the Differences and Participant Appreciation.

BASIC GUIDELINES – Should be Expanded, Enriched and Adapted to the local reality.

QUALIFIED TEAM Knowledge and Capable to Adapt the Subject Matter.

SUBJECT MATTER Based on JESUS and KARDEC.

PROGRAM I :



THEORY: Focuses on basic aspects related to mediumship, to the medium and to the constant influence of the Spiritists, regardless if the participant have ostensive mediumship or not.



PRACTICE: directed to the improvement of intuition and spiritual perception, emphasizing the need to maintain inner harmonization.

PROGRAM II :



THEORY: Directed to the spiritist mediumship practice at the Spiritist Center's mediumistic groups.



PRACTICE: To offer training in mediumistic groups and supervised mediumship meetings, throughout the study, regardless of the participant's possibility to be recommended to the mediumistic group at the end of the course.



THEORETICAL TOPICS



Grouped in the form of Modules.



Each Module with a specific number of Study Guidelines representing the spiritist principle to be transmitted.



PRACTICE EXERCISES



Program I – performing simple exercises, useful in harmonizing with elevated Spirits.



Program II – It features a real spiritist mediumistic meeting, always under the supervision of qualified and experienced spiritist workers.



ADDITIONAL ACTIVITIES



Seminars and Courses: Its implementation involves the participant of the course, being coordinated by the monitor/facilitator.



It aims to involve the workers in the Spiritist Center activities and encourage reading of serious and respected spiritist authors.

Evaluation



Definition of the criteria for the evaluation of the actions developed.



Allows: Check if course objectives are being achieved.

Involves: Coordinators, monitors, support staff and participants.

Focus: Unfoldment and education of mediumship.



TRAINING AT THE SPIRITIST CENTER'S MEDIUMISTIC GROUP



Suitable only for participants enrolled in the Course's Program II, this training is programmed in conjunction with the coordinators of the mediumistic groups, can be done at the beginning end of the Course.



TRAINING OF THE MONITOR/FACILITATOR



It is recommended the training of the monitors/facilitators should be done without interruption, and previously scheduled.





Federação Espírita Brasileira

IMPORTANCE OF THE KNOWLEDGE OF MEDIUMSHIP FOR SPIRITISTS WORKERS

STUDY OF MEDIUMSHIP

INSTRUCTION

EDUCATION

***“You will know the truth and the truth will set you free.”
Jesus***

FEELINGS
FAITH – LOVE –
CHARITY

SELF-EDUCATION

***“Love your neighbor as yourself”
Jesus***



“We will address ourselves to those who see a serious purpose in Spiritism, who understand its great importance and who do not intend to make communicating with the invisible world a mere pastime.

[Allan Kardec: The Mediums' Book- Introduction]



We have stated that Spiritism is an complete science, an entire philosophy in and of itself. Those who would desire to become thoroughly familiar with it must first of all submit to a serious study of the subject and become persuaded that, more than any other science, it cannot be learned without commitment.



[Allan Kardec: The Mediums' Book-Chap-III-Methodology]



Spiritist instruction does not entail only the moral teachings given by spirits, but also the study of facts. It involves the theory of the phenomena and research into their causes, and as a consequence, the evidence for what is possible and impossible.



[Allan Kardec: *The Mediums' Book*-Chap-III-Item 328]



"Any divisions of activities and meetings in areas, sectors or departments should not be hindering or complicating for an integrated work, and one should think of the Spiritual Center as a whole."



(FEB. *Orientação ao Centro Espírita*. Rio de Janeiro, FEB, 2007. p. 99)

ACTIVITIES-SYSTEMIC VISION OF SPIRITIST

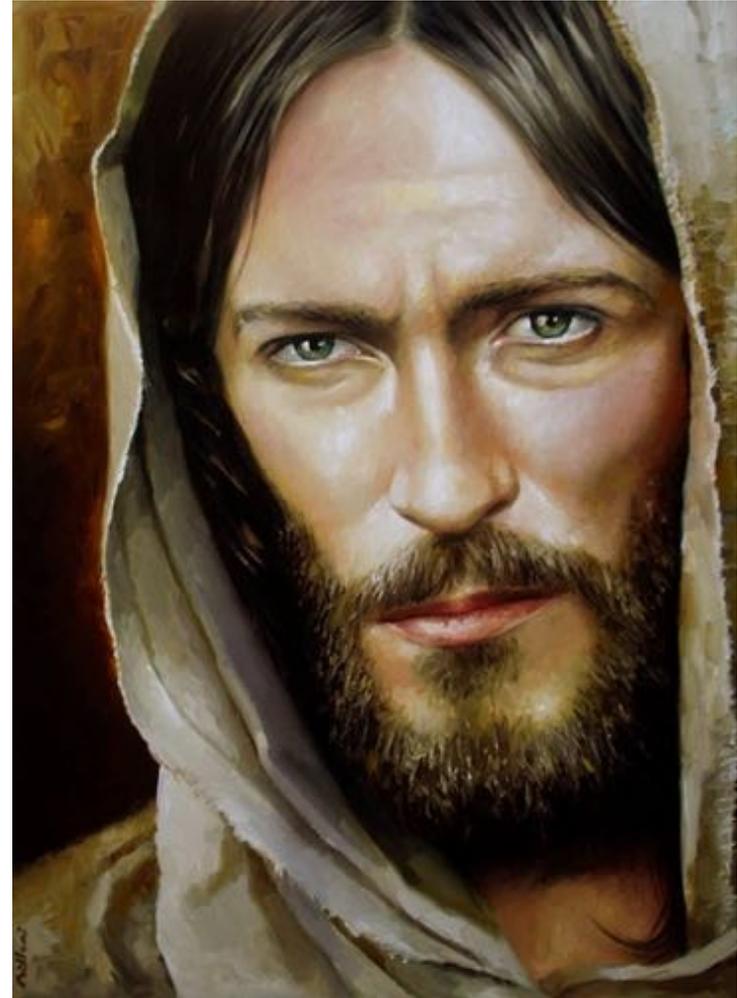
SPIRITUAL

**INCARNATES
TEAM**

TEAM



“Then you will know the truth, and the truth will set you free.” (John 8:32)





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MEDIUMSHIP STUDY AND PRACTICE PROGRAM 1

MEDIUMSHIP STUDY AND PRACTICE PROGRAM 1

- **DOCTRINAL CONTENT**
- **PRACTICE-ACTIVITIES**
- **COMPLEMENTING ACTIVITIES**

Objective



“To make available to the Spiritist practitioners a course that encourages their basic training related to knowledge on mediumship, the incessant action of the spirits and the mediumistic practice.”



Didactic Structure

Programs are divided into 3 parts:



THEORY-TOPICS: developed by monitors /
facilitators.



PRACTICE-ACTIVITIES: developed by monitors /
facilitators.



ADDITIONAL ACTIVITIES: held in conjunction
with participants enrolled in the course.

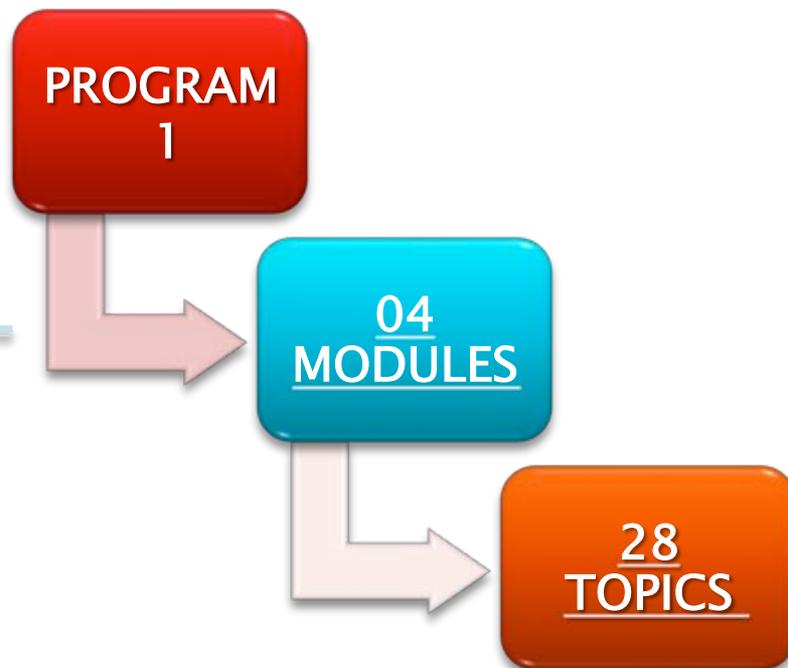


Didactic Structure

THEORY- TOPICS

They are grouped in the form of modules, classified by the **similarity** of subjects.

Each module will contain a specific number topics that represent the spiritual foundation to be conveyed.

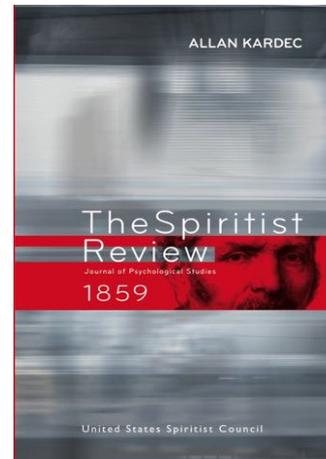
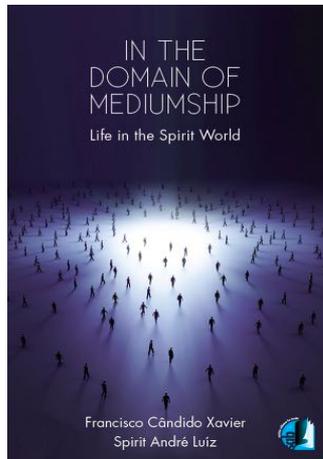
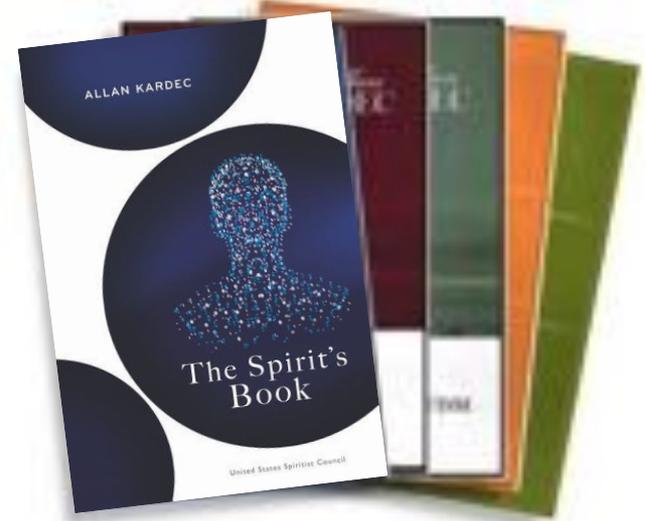


PRACTICE - ACTIVITIES: It consists in performing simple exercises, useful in keeping attuned to the good spirits.

Didactic Structure

ADDITIONAL ACTIVITIES

They are optional activities that may or may not be developed.

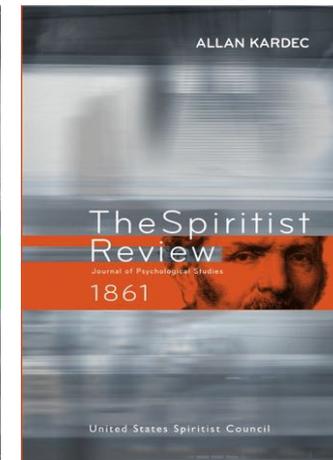
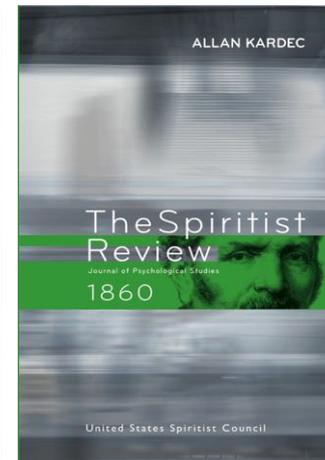
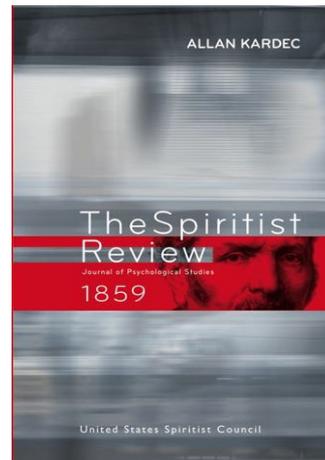
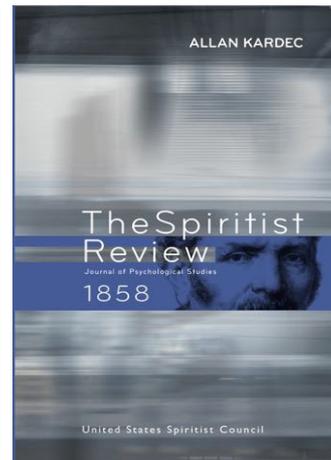
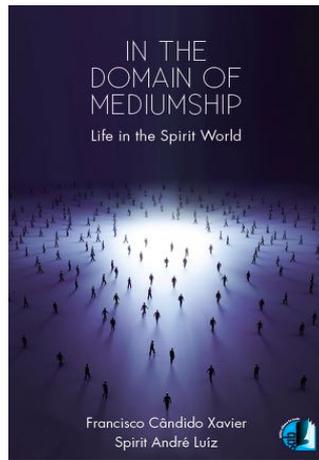
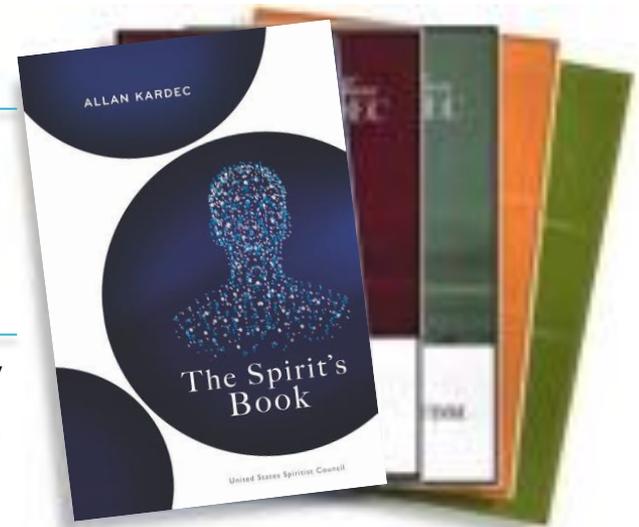


Didactic Structure

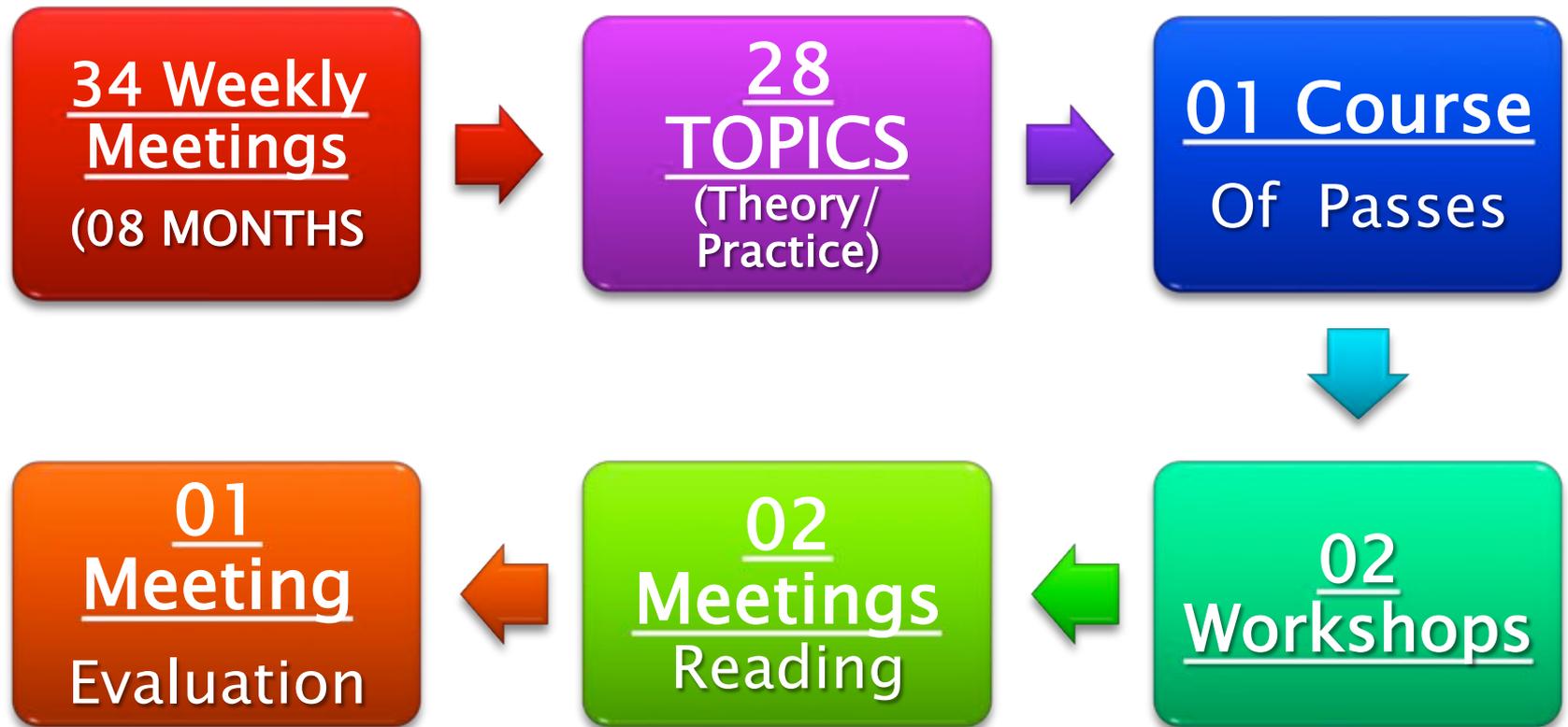
ADDITIONAL ACTIVITIES

It aims to involve the practitioner of the Spiritist Center and to stimulate the taste to the study of serious subjects.

This activity should be done dynamically, every two months involving all participants of the class and other practitioners of the Spiritist Center.



Duration of MEP - Program 1

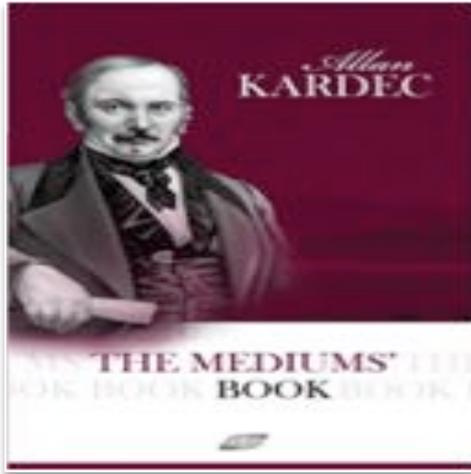


Workload

34 WEEKLY MEETINGS
120 min of duration each:

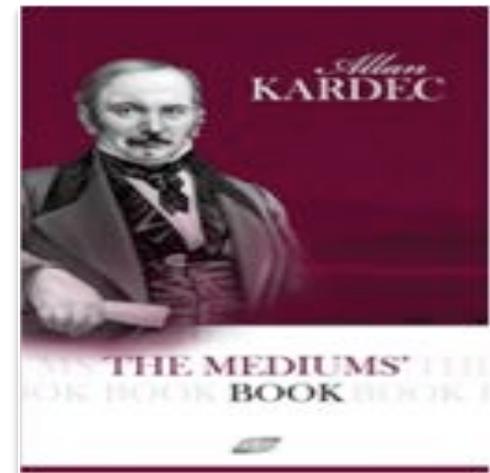


Suggestions on how to apply the Course



"SO IT WOULD BE A MISTAKE TO BELIEVE THAT ONLY THROUGH WRITTEN OR VERBAL COMMUNICATIONS SPIRITS MAY EXERT THEIR INFLUENCE.

THIS INFLUENCE HAPPENS AT ALL MOMENTS AND EVEN THOSE WHO ARE NOT CONCERNED WITH THE SPIRITS, OR DO NOT EVEN BELIEVE IN THEM, ARE EXPOSED TO ITS EFFECTS "



Suggestions on how to apply the Course

It is vital to build a course directed not only to the specific training of the mediumship worker, but for all spiritists, even when they present no ostensive mediumship, or reveal interest / ability to be part of a mediumship group .

Example of Doctrinal Contents

General Plan Module 1

THEORY-TOPICS	ACTIVITIES- PRATICE Prayer and Passe
1- HISTORICAL EVOLUTION OF MEDIUMSHIP	1- “Seek an you shall find”.
2- MEDIUMSHIP, METAPSYCHICS AND PARAPSYCHOLOGY	2- The prayer of the Publican and the Pharisee.
3- KARDECIAN METHOD OF MEDIUMSHIP PROOF	3- Prayer in the throes of life
4- SPIRIT, MATTER AND FLUIDS	4- The gift of healing by prayer
5- PERISPIRIT AND VITAL PRINCIPLE	5- The Lord's Prayer (1).
6- PRAYER ACCORDING TO SPIRITISM. PRAYER IN MEDIUMSHIP MEETINGS	6- The Lord's Prayer (2).
7- CLASSIFICATION OF MEDIUMSHIP: EFFECTS PHYSICAL.	7- Gratuitous mediumship practice.
8- CLASSIFICATION OF MEDIUMSHIP: INTELLIGENT EFFECTS	8- Applying passes among incarnates: the essential quality
9- THE SPIRITIST PASS	9- Qualities of the discarnate pass-giver
10- THE EMANCIPATION OF THE SOUL	10- Exercise pass application
ADDITIONAL ACTIVITIES (OPTIONAL):	1. Course of Passes. 2. Reading Club

Suggestions on how to apply the Course



"It is not TEACHING only the one which is given from the pulpit or the tribune. There is also the simple conversation. Everyone who seeks to persuade the other Teaches, be it through the process of explanations, or by the experience."

Allan Kardec



KARDEC, Allan. *The Mediums' Book*



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MEDIUMSHIP STUDY AND PRACTICE PROGRAM 2

Theoretical and Practical Content



*Guidelines for training,
education and development
of mediumship.*



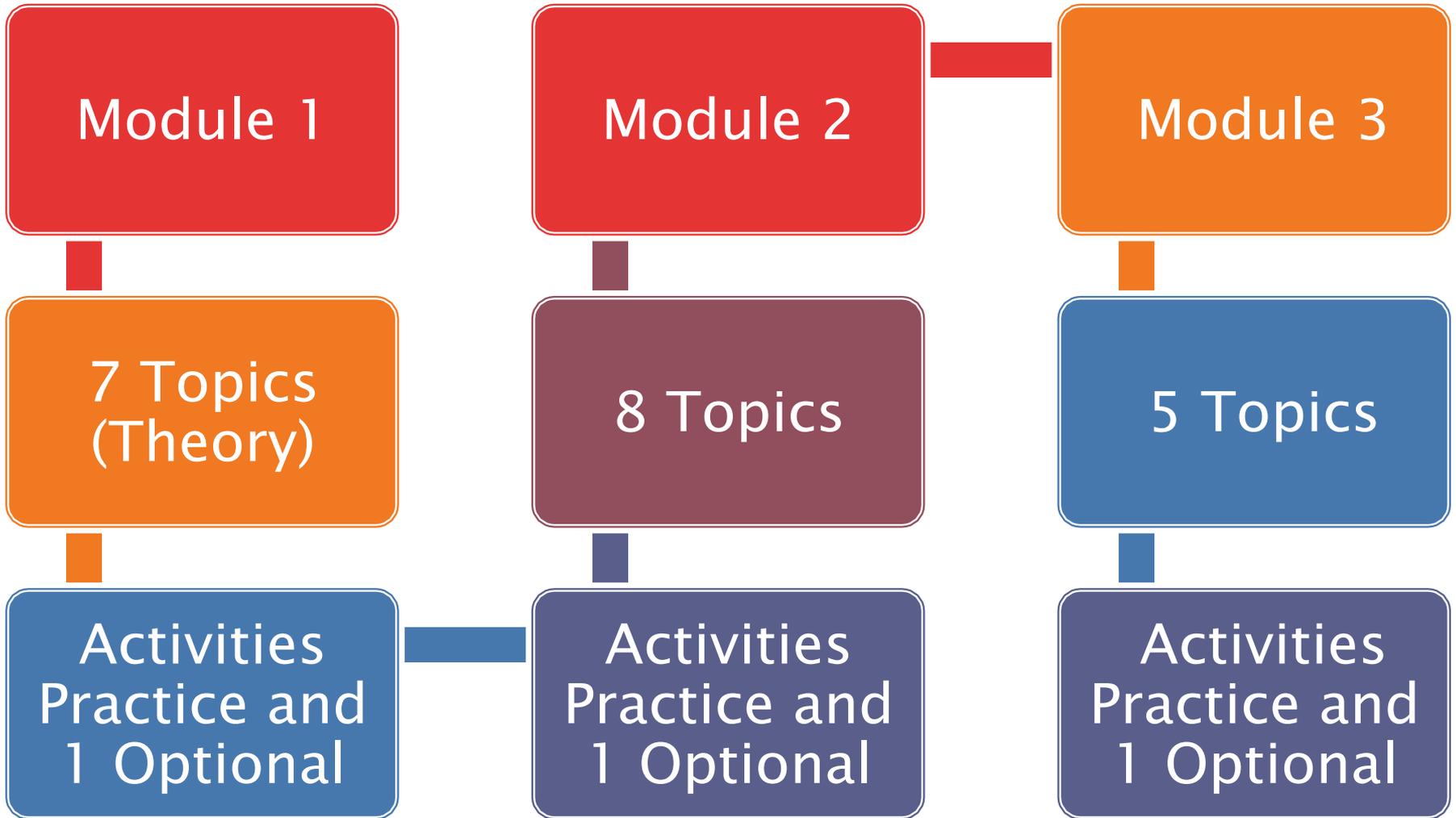
Didactic Structure

The content is so specified:

Theoretical Topics.

Practical Activities: supervised mediumship meeting and training in mediumship groups.

Additional activities (Optional) Module.





The course takes two hours,
divided as follows:

Program II

Theory: 30/40 minutes.

Mediumship practice: 1 hour and
20/30 minutes.

PROGRAM 2- THEORY AND PRACTICE

MODULE I - THEORY

SUPERVISED MEDIUMSHIP MEETING

1- ORG. AND FUNCTIONING OF THE MEDIUMSHIP MEETING

1- INTERNSHIP ON MEDIUMSHIP MEETINGS

2- STAGES OF THE MEDIUMSHIP MEETING

2- GUIDELINES FOR THE ACTIVITIES AND PRACTICES AT MEDIUMSHIP MEETING

3- MEDIUMSHIP MEETING: OS PARTICIPANTES DESENCARNADOS

3- EVALUATION OF THE INTERNSHIP ON MEDIUMSHIP MEETINGS

4- MEDIUMSHIP MEETING: OS PARTICIPANTES ENCARNADOS

4- GUIDELINES FOR THE ACTIVITIES AND PRACTICES AT MEDIUMSHIP MEETINGS. +EXERCISES

5- EVALUATION OF THE MEDIUMSHIP MEETING

5- GUIDELINES FOR THE ACTIVITIES AND PRACTICES AT MEDIUMSHIP MEETINGS. +EXERCISES.

6- DIFFICULTIES AND OBSTACLES TO THE MEDIUMSHIP PRACTICE

6- GUIDELINES FOR THE ACTIVITIES AND PRACTICES AT MEDIUMSHIP MEETINGS. +EXERCISES.

7- ANIMISM AT THE MEDIUMSHIP PRACTICE

7- EVALUATION OF THE MEDIUMISTIC EXERCISES.

Modules: I - II - III



Practical Activities: supervised mediumship meeting. Evaluation of the mediumistic exercises. Internship in mediumship group

Modules Additional Activities

(Optional)

