

COURSE 1 – GOD AND US (4-7 years old)

SESSION 1	OBJECTIVES	ACTIVITIES	MATERIALS	PRAYER
Existence of God	<p>The objectives of this class are three fold:</p> <ol style="list-style-type: none"> 1) Learn that God exists and that He is our creator; 2) Learn about his love towards us and everyone; and 3) We can always communicate with him. 	<p><u>Warm up activity:</u> Ask the children about things that God created.</p> <p><u>Activities related to each objective:</u></p> <ol style="list-style-type: none"> 1) Bring a magazine and ask the children to identify the pictures of things that God created. Let them cut the pictures and glue them on a white poster board. 2) Read the book: Where is God? * Coloring the figures from the book. * Play with clay and teach them that they are also co-creators. 	<p>Magazine (appropriate for the age, one example is Family Circle) Scissors Glue Construction paper Modeling Clay Book: Where is God (adapted version)</p>	<p>Teaching the breathing technique</p> <p>3) Prayer</p>

SESSION 2	OBJECTIVES	ACTIVITIES	MATERIALS	PRAYER
Prayer	The objective of this class is to learn that we can communicate with God through prayer anywhere and anytime.	<p><u>Warm up activity:</u> Ask the children who prays at home; where they pray, is there a time and a place; and why they pray.</p> <p><u>Activities related to the objective of the class:</u></p> <p>Read the comic strip.</p> <p>Make a collective prayer from the input of each child.</p> <p>Sing the song "A Prayer".</p> <p>Coloring Angels (from Paula Schimdt).</p>	<p>Coloring pens</p> <p>Comic strip</p> <p>Songs</p>	<p>Breathing technique</p> <p>Visualization with the Angel</p>

SESSION 3	OBJECTIVES	ACTIVITIES	MATERIALS	PRAYER
Immortality of the Soul	The objective of this class is to learn about who we are-immortal spirits.	<p><u>Warm up activity:</u> Ask the children what they like, they favorite color, food, cartoon.</p> <p><u>Activities related to the objective of the class:</u></p> <p>1) Cut from a magazine their favorite things and glue them on a white poster board.</p> <p>2) Tell how we spirits were created by God as individuals. Let them choose a balloon (use different colors of balloons) that will represent their spirit. Go back to the board and associate their individuality with their differences in preferences.</p> <p>3) Each child will make a puppet and attach their balloons (spirit) to their puppets (body), let them play and tell the story that they want regarding their spirit and body.</p>	<p>Magazine Scissors Glue Construction paper Helium Balloons Popsicle sticks Lunch bag String</p>	<p>Teach the breathing technique</p> <p>Meditation</p>

SESSION 4	OBJECTIVES	ACTIVITIES	MATERIALS	PRAYER
Life in Other Planets	The objective of this class is to learn that there is life in other planets.	<p><u>Warm up activity:</u> Watch the DVD "Zula Patrol Earth Hunt" (3 minutes)</p> <p><u>Activities related to the objective of the class:</u></p> <p>1) Talk about the planets, their names and difference in sizes.</p> <p>2) Each child will draw a planet name.</p> <p>3) Paint the balls according to the characteristics of the planet and glue them on the poster board.</p> <p>4) Explanation on the spiritism point of view (Genesis)</p>	<p>9 Polystyrine balls Paint White poster board Index cards</p> <p>DVD about solar system Paint brushers Stickers that glow in the dark</p>	<p>Breathing technique</p> <p>Visualization about the Universe</p> <p>Go to the planet that they chose</p> <p>Send love to everything that is in that planet</p> <p>Ask what they felt going to that planet</p>

