



Discarnation

BRAZILIAN SPIRITIST FEDERATION
Mediumship: Study and Practice
Program 1
Module IV – Life in the Spiritual Plane

Topic 1

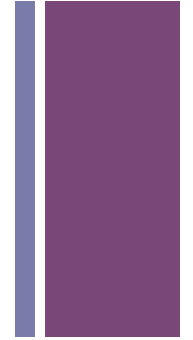




Discarnation

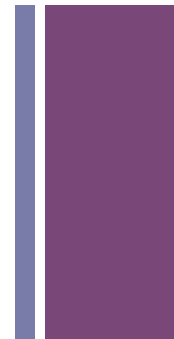
**1. Separation of the Soul
from the Body Through
Discarnation**

**2. Mechanisms of
Discarnation**





Discarnation



“Death is a simple change in our state of being, the destruction of a fragile form that no longer offers life the necessary conditions for its workings and evolution. Beyond the graveyard, a new phase of existence is opened (...).”

DENIS, Léon. *Life and Destiny Pt. 1.*

+ 1. Separation of the Soul from the Body Through Discarnation



(...) Observation has shown us that the separation of the perispirit from the body at death is gradual, rather than abrupt, and this speed may vary depending on different individuals.

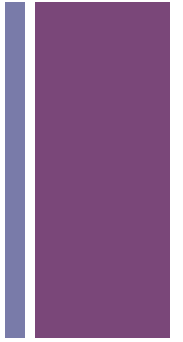
In some cases, it is so quick that the perispirit completely separates from the body within a few hours after passing, while in others, particularly for those whose life has been exceedingly material and sensual, this release is much slower, and can take days, weeks and even months. This does not imply the persistence of vitality in the body or any possibility of restoring life (...)



KARDEC, Allan. The Spirits' Book. Q. 155-a. Commentary



1. Separation of the Soul from the Body Through Discarnation



“In the specific situation of suicides, the suffering can be significantly greater, not only through the regret of the committed act that usually afflicts them, but also by having the vital fluid still circulating through the organism – since discarnation was not foreseen for that moment – the perispiritual ties are more strongly tied to the the physical body.

2. Mechanisms of Discarnation



Transition from
the physical to
the spiritual plane

- This happens, as mentioned, with the detachment of the perispiritual ties that, once completed, the person dying is in a state of unconsciousness. The transitional process can be somewhat lasting, depending on the spiritual condition of the discarnate and the type of death.

Panoramic and
retrospective
vision

- This vision allows the discarnate to relive, in details, the remarkable thoughts that they had and the acts they committed in the existence that is now finishing. The insignificant ideas they had, the smallest of acts, parade, absolutely precise, quickly disclosed, as if they existed in an ultra fast camera within themselves, projecting in their mind a movie that, suddenly, unfolds itself.

Aid of spiritual
workers

- Everything indicates that the discarnation process is operated by specialized Spirits who, in general, act based on a specific sequence, obviously with the natural variations, according to the conditions presented by the discarnate, the circumstances and the type of death.

2. Mechanisms of Discarnation

Perispiritual
Detachment

- in the abdominal area,
vegetative center

Action in the
emotional center

- located in the chest

Action in the region
of the brain

- where the mental center is
found

Final action in the
posterior part of the
brain

- with the detachment of
the main perispiritual tie

