Inner Peace – Andre Luiz

From the book Missives of Hope

by Francisco Xavier/J. Herculano Pires

UNITED STATES
SPIRITIST FEDERATION

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KEEP ALWAYS:

…trust in God and in yourself;

KEEP ALWAYS:

…a serene conscience;

KEEP ALWAYS:

…time spent on productive matters;

KEEP ALWAYS:

…a constructive speech;

KEEP ALWAYS:

…a prayer allied to work;

KEEP ALWAYS:

…hope in action;

KEEP ALWAYS:
…an industrious patience;

KEEP ALWAYS:

…a dispassionate opinion;

KEEP ALWAYS:

…a prayer allied to work;

KEEP ALWAYS:

…the blessing of comprehension;

KEEP ALWAYS:
…a participation in everyone's progress;
INNER PEACE – ANDRE LUIZ

KEEP ALWAYS:

…a compassionate attitude;

KEEP ALWAYS:

…truth enlightened by love;

KEEP ALWAYS:

…oblivion of evils;

KEEP ALWAYS:

…happiness in your commitments;

KEEP ALWAYS:

…unconditional forgiveness of offenses;

KEEP ALWAYS:
...a devotion to study;

KEEP ALWAYS:
…a gesture of kindness;
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KEEP ALWAYS:

...an encouraging smile;

KEEP ALWAYS:

…spontaneity to assist others;

KEEP ALWAYS:

…simplicity of habits;

KEEP ALWAYS:

…a spirit of renovation;

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KEEP ALWAYS:

...fostering of tolerance;

KEEP ALWAYS:

…courage to place yourself second to serving;

KEEP ALWAYS:

… perseverance in goodness.

KEEP ALWAYS:

… perseverance in goodness.

Let us maintain similar personal traits in our daily experience and we will acquire the science of inner peace; and with it the privilege of finding happiness in the execution of our duties in an atmosphere of love.