

# The Therapeutics of Charity

**References:**

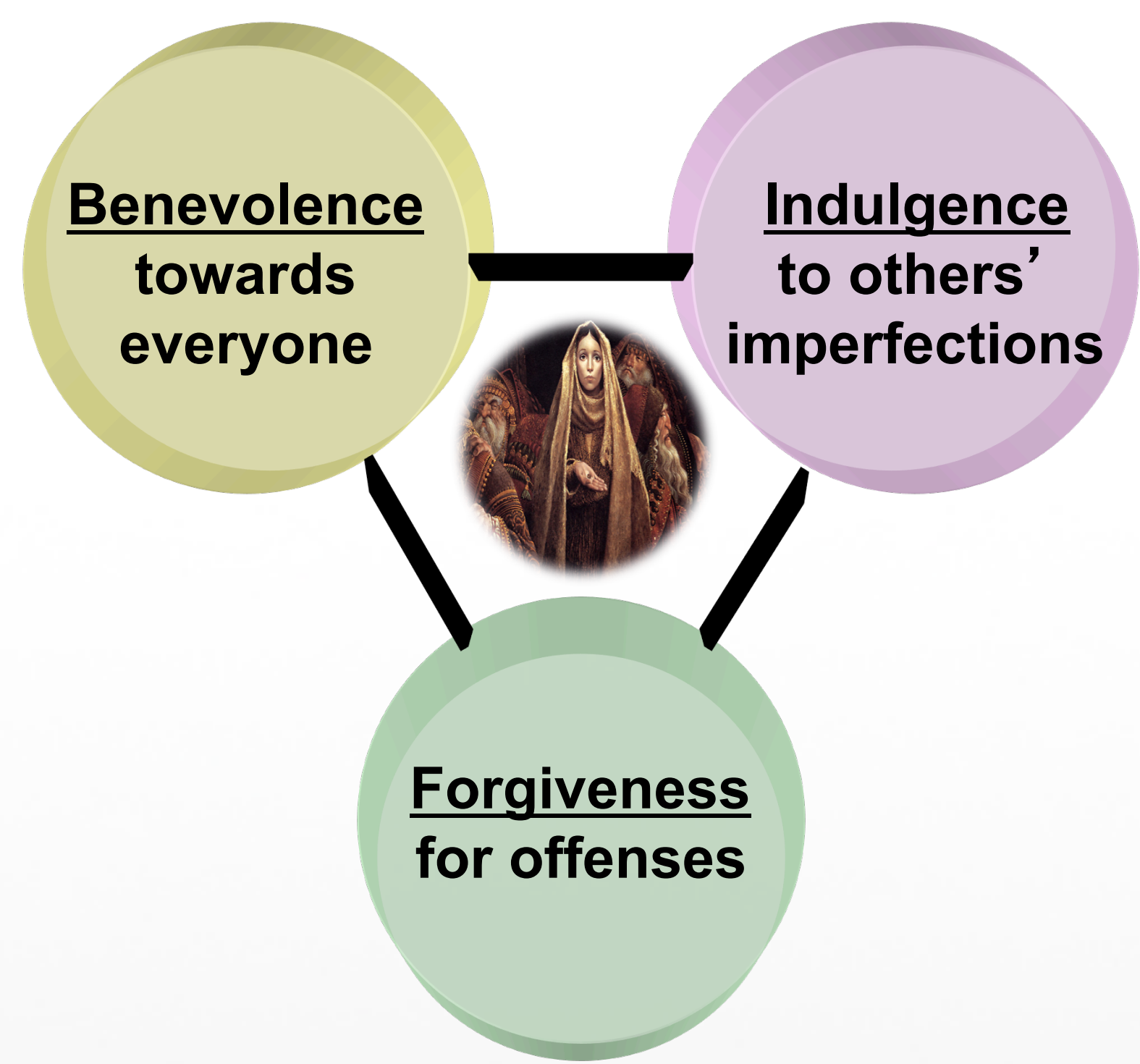
1. The Spirits' Book, Allan Kardec, O/A 785.
2. Sabedoria do Evangelho, G. T. Pastorino, vol. 2, p. 153/154 (adaptation).
3. The Spirits' Book, Allan Kardec, O/A 886.
4. The Mediums' Book, Allan Kardec, Chapter 23.
5. The Gospel According to Spiritism, Allan Kardec, chapter 11, item 4.
6. The Gospel According to Spiritism, Allan Kardec, chapter 13, item 10.

### Eight Levels of Charity Maimonides - (1135-1204)

- To give sadly
- To give less than is fitting, but with good humour
- To give only when asked
- To give before being asked
- To give so the donor does not know who the recipient is
- To give so the recipient does not know who the donor is
- To give so that neither the donor nor the recipient knows the identity of the other
- To give a loan or a job rather than a gift, so preserving the recipient's self-respect and encouraging self-help

Mishneh Torah, Laws of Charity, 10:7-14

## CHARITY<sup>3</sup> MOLECULE



### True Expression of Charity

'To love your neighbor as yourself: to do unto others as you would have them do unto you,' expresses the most complete form of charity because it summarizes all of human beings' obligations towards humankind.<sup>5</sup>

## CHARITY PROMOTES A HEALTHIER SOCIETY

### MATH OF CHARITY

(-1) Uncharitable Action	+	(-1) Uncharitable Action	=	(-2) Double Damage
(-1) Uncharitable Action	+	(0) No Action	=	(-1) REMAINING Uncharitable Action
(-1) Uncharitable Action	+	(+1) Charitable Action	=	0 Cancelled Uncharitable Action

### MEANS OF PRACTISING CHARITY<sup>6</sup>

**A heartfelt prayer to alleviate someone's suffering.**

**A good advice to your daily companions, to those who are in despair.**

**To lessen the burden of a fellow being.**

**Eliminates selfishness, pride and vices. Develops compassion and humbleness.**

**Attracts positive influences from Enlightened spirits**

**More ethereal perispirit  
Better overall health**

“Even if I were to speak all the languages of men and the language of the angels, (...) ; and if I had all the faith possible to the point of moving mountains, if I did not have CHARITY, I would be nothing..”

Paul of Tarsus (I Cor. 13:1-7, 13)